metro
PHILADELPHIA NO. 1 FREE DAIL
Wednesday, October 18, 2017 metro.us | t: MetroPhilly

ROYAL ARRIVAL

William and Kate announce due date for their third baby. 15

Ikea debuts line of pet furniture. 20

'Una' brings painful past to problematic present. 16-17

'FU#*ING BULL-S#*T'

Joel Embiid is not happy with his minutes restrictions — again — as the 2017-18 season tips off tonight. Everything you need to know inside: 21-24

GETTY IMAGES

He's worth it.
800-761-7575
www.seabrookhouse.org
SEABROOK HOUSE
Addiction Treatment Centers
OVER 40 YEARS OF HELPING FAMILIES FIND THE COURAGE TO RECOVER
Westfield, PA • Bridgeton, Cherry Hill, Northfield, & soon Morristown, NJ

WELCOME TO METRO PHILLY

EVAN MACY, SPORTS EDITOR

It's both odd and incredible how the Sixers' offseason and preseason have made banner headlines and led local news stories around the city this spring and summer. Now, the fall starts in earnest as the Sixers and Wizards start the NBA season, at 7 p.m. on ESPN. Even a minute-restricted Joel Embiid makes the 76ers can't-miss TV every night. How will Ben Simmons and Markelle Fultz perform under the limelight? Is this really a playoff team? Will Embiid continue sprinting through the streets of Philadelphia shirtless? We have 82 games and eight months to find out. **metrophilly.us**

US NOT RULING OUT TALKS AFTER N. KOREA THREAT

1 The U.S. is not ruling out the eventual possibility of direct talks with North Korea, Deputy Secretary of State John J. Sullivan said on Tuesday, hours after Pyongyang warned nuclear war might break out at any moment. Talks between the adversaries have long been urged by China in particular, but Washington and its ally Japan have been reluctant to sit down at the table while Pyongyang continues to pursue a goal of developing a nuclear-tipped missile capable of hitting the United States. "Eventually, we don't rule out the possibility of course of direct talks," Sullivan said in Tokyo after talks with his Japanese counterpart. "Our focus is on diplomacy to solve this problem that is presented by the DPRK. We must, however, with our allies, Japan and South Korea and elsewhere, be prepared for the worst, should diplomacy fail," he said.

BIPARTISAN DEAL ON OBAMACARE FIX

2 Two U.S. senators on Tuesday announced a bipartisan breakthrough to shore up Obamacare for two years by reviving federal subsidies for health insurers that President Donald Trump planned to scrap, and the president voiced support for the plan. The agreement worked out by Republican Sen. Lamar Alexander and Democratic Sen. Patty Murray would meet some Democratic objectives, including a revival of the subsidies for Obamacare and restoring $106 million in funding for a federal program that helps people enroll in insurance plans. In exchange, Republicans would get more flexibility for states to offer a wider variety of health insurance plans while maintaining the requirement that sick and healthy people be charged the same rates for coverage.

5 THINGS YOU NEED TO KNOW

ISIS DEFEATED IN RAQQA

3 A member of the Syrian Democratic Forces (SDF), backed by U.S. special forces, holds their flag at the iconic Al-Naim square in Raqa on Wednesday. U.S.-backed forces said they had taken full control of Raqa from the Islamic State group, defeating the last jihadist holdouts in the de facto Syrian capital of their now-shattered "caliphate."

GETTY IMAGES

STUDIOS CHIEF OUT, AFTER HARASSMENT REPORTS

4 Amazon Studios chief Roy Price has resigned, a company spokeswoman said on Tuesday, following reports that he harassed a producer and ignored an actress' allegation of sexual assault by disgraced producer Harvey Weinstein. Albert Cheng, the studio's chief operating officer, remains interim head of the division, the spokeswoman said. Price had gone on a leave of absence last week.

GETTY IMAGES

SANDERS FOCUSES ON SMALLER RACES

5 Sen. Bernie Sanders will focus on getting liberal candidates elected to state and local offices ahead of next year's midterm elections rather than on higher-profile U.S. congressional races, to help build a national progressive movement from the ground up. Sanders said he hoped his emphasis on school boards, city councils and statehouses will help support the next generation of activist progressive candidates and dovetail with the mission of Our Revolution, a nonprofit political group run by former staffers and volunteers for his 2016 presidential campaign. "I look at politics a little bit differently than some of my colleagues in the sense that I believe that we need to build a national grassroots movement," Sanders told Reuters in an interview on Tuesday.

MetroWeen's Trumpkin contest

Send us photos of your carved "Trumpkin" pumpkin for a chance to win a $100 Amazon gift card. The winning Trumpkin will be featured in our special "MetroWeen" Halloween edition on Oct. 26, and on our social media accounts. Email pictures to **Morgan@metro.us.**

Ketamine for rapid treatment of depression

WRITTEN BY
Amy Smith

Has treating your depression been a failing, uphill battle? If you're one of the 300 million people worldwide with the disease, it can feel like you're fighting for your life. While many turn to antidepressants, the truth is that, more often than not, they don't work.

"They actually only have about a 30 percent success rate," says emergency physician Dr. Patrick Sullivan, founder of Initia Nova, a Cherry Hill-based mental health treatment center. "Another problem is that they generally take about two months to start working, and they also have a lot of undesirable side effects."

Initia Nova offers up an effective solution that has been shown to significantly improve depression symptoms within two weeks. Sullivan and his team specialize in ketamine infusion therapy, which triggers rapid relief of depression and suicidal thoughts, right in the office. Delivered intravenously in a controlled, monitored setting, ketamine is making waves in the medical community as a potential game changer for treating depression.

"It's delivered at a low dose, so there's no potential for becoming addicted," says Dr. Sullivan, who's also a member of the American Society of Ketamine Physicians. "The therapy is based on an initial series of six infusions, after which about 75 percent of people have pretty significant relief from their depression."

Sullivan delivers ketamine in an IV that runs for about an hour, with patients coming in twice a week for three weeks. The majority describe it as relaxing and somewhat similar to an out-of-body experience. Aside from needing someone to drive them home, Sullivan says there are relatively no side effects. After the initial six treatments, his team works with those who've experienced success to create an individualized follow-up plan to keep their depression under control. This typically involves coming in for periodic maintenance infusions.

"Instead of taking antidepressants every day, which can cause tons of unpleasant side effects, many simply come in once a month for an in-office infusion," says Sullivan. "For some, it might be every three months; for others, once a year. Every patient is different."

Ketamine infusion offers a viable alternative for those who've tried to get better with therapy and/or antidepressants, but have experienced little success. He calls out electroconvulsive therapy (a.k.a. "shock therapy") as a popular depression treatment option that often leaves patients with short-term memory loss. Sullivan adds that for many, infusion therapy is used in conjunction with counseling to serve patients who need a more aggressive treatment plan.

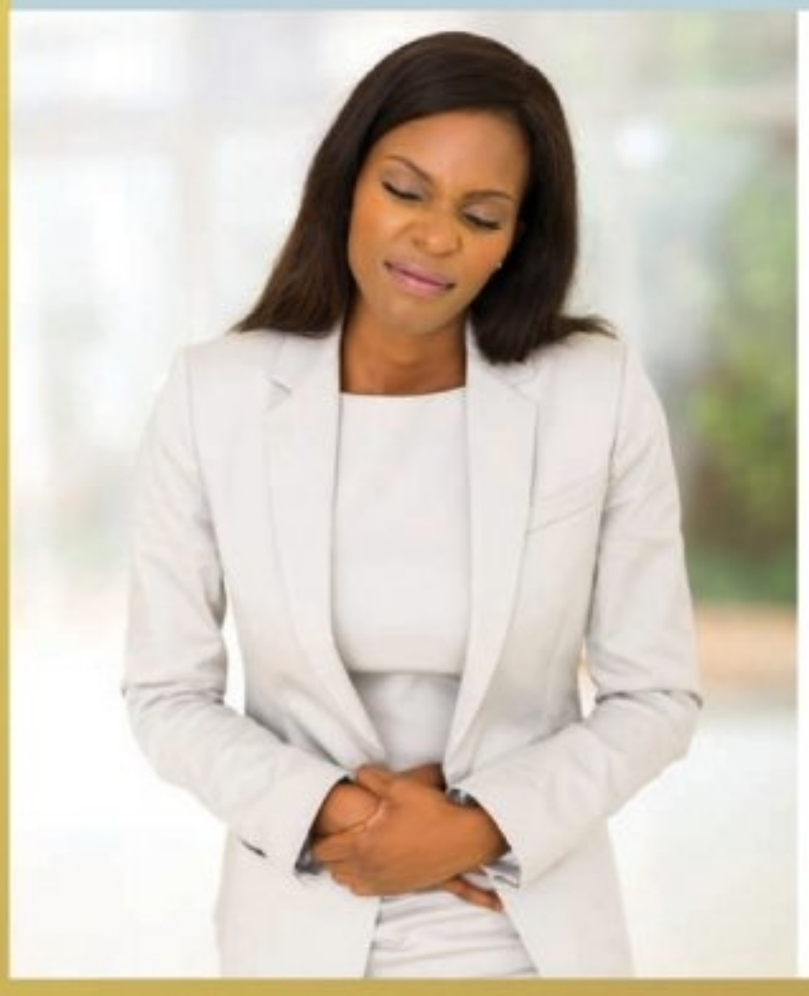
"A lot of times, doing the initial series of infusions lifts their depression, which allows them to function better, be more social, do better at counseling, and start exercising and doing other things to increase their mood, and then they might not need the infusions anymore at all," says Sullivan.

In other words, ketamine infusion therapy appears be a positive jumping-off point for managing depression over the long haul. Ready to finally start living your best life? Visit www.MyInitiaNova.com or call 856-446-6961 to learn more about their approach and price points.

"If you take into account the cost of untreated depression and how much it interferes with work, family life and overall happiness, it's certainly a worthwhile investment in yourself," says Dr. Sullivan.

Are you suffering from Heavy Menstrual Bleeding due to

Uterine Fibroids?



Uterine Fibroids are Benign Growths of the Uterus Affecting Approximately 40% of Women Between 35 and 55 years of age

- Heavy Menstrual Bleeding
- Abdominal Pressure
- Frequent Urination
- Abdominal Pain
- Painful Intercourse
- Infertility

The Clinical Trial Center of Philadelphia is currently screening patients for a uterine fibroid research trial.
If you are a premenopausal woman aged 18 or above and you suffer from heavy menstrual bleeding associated with uterine fibroids, you may qualify to participate in this trial.

Participants with uterine fibroids who qualify, will receive investigational study medication and study-related tests at no cost. Participants may also receive compensation for their time and travel.

Study participation is voluntary.

For more information please contact Eileen at 484-380-4861 or eileen.davies@ctcphiladelphia.com

EILEEN B. DAVIES
Director Clinical Research
www.ctcphiladelphia.com

CLINICAL TRIAL CENTER
OF PHILADELPHIA

Clinical Trial Center of Philadelphia is a subsidiary of Main Line Fertility Center

‘Magic’ card game is hipster-nerd chic at Philly gaming emporium

Redcap’s Corner is attracting a growing crowd of fantasy fans ditching screens for cards and dice.

CASSIE HEPLER
@MetroPhilly
letters@metro.us

Walking into Redcap’s Corner on a recent Tuesday evening, a gaming emporium in Powelton Village, one enters a large industrial warehouse-style store full of the fantasy world.

Up the large wooden stairs straight through the front doors is where the action is. Walking inside, you can hear the buzz of excitement in the air. People are sitting at tables, all playing different games, all here for game night. Nerds galore fill the space of all colors, creeds and genders — even gender fluid. And no one is standoffish or uninviting.

At tables marked with “Magic: The Gathering” card logos, there is a table full of friendly faces and warm invites with three teams of two. There’s a guy and girl on each team and the banter seems jovial and light. They are eager to educate, but only after taking their turns.

“Magic” is a card game created by Richard Garfield in 1993 and can be played by two or more players. Twenty-five years later, the game boasts a hefty cult following of over 20 million players. There are two ways to play: constructed, where players create decks from the cards they own, and limited, where they build random decks.

The point of the game is “to kill everybody!” said Cindy Taylor from Port Richmond, rocking her “Wolverine” shirt and ponytail with a bow.

“It’s to get your opponent down to zero,” said Quinten Jones from West Philly.

Jones is quite the “MTG” guru, explaining that specific cards for spells or creatures have to match the symbol of the land embedded on the top right. Around us, he explains, a table full of white men with laptops and dice are playing “Dungeons & Dragons Pathfinder.” To the left, a table full of young black men with glasses are playing “Vanguard.” Sprinkled about are variations of just plain old boring board games.

Trash-talking quickly broke out, and the players were back to the game. One player groans that this game is going to take forever while another mocks players about throwing mercy swans at them. Large placemats like giant computer mousepads are where the cards are displayed while players talk amongst themselves. One passerby says too many people are playing, while others are loving the large group game.

“‘Magic’ is about politicking,” Jones observes.

Twenty minutes into the game, Jones is showing off his cat-beast card — Felidar Sovereign — a card that, if you have 40 or more points, automatically wins you the game. And just like that, it’s over. Jones’ team won.

“I’m here almost every day,” said Jones. “I work at night so I’ve been coming here during the day since high school. It keeps me and my friends close. The only reason I went to Las Vegas was there was a ‘Magic’ conference there. It’s definitely good for mental health, subtracting and adding.”

Nationwide, tournaments are popping up and attracting more and more players. Infamous ex-pharmaceutical CEO Martin Shkreli has been reportedly paying top dollar to buy rare cards.

From Settlers of Catan and Cards Against Humanity to classics like Monopoly and Risk, board and paper games are making a comeback. Hasbro Inc., the maker of Monopoly, has reported revenue hikes for the past seven quarters straight, reporting a 43 percent increase in the games division in April 2017.

Gamers play “Magic: The Gathering” at Redcap’s Corner Gaming Emporium in Powelton Village. KAIT MOORE

Severe Injury · Cerebral Palsy
Cancer · Medical Mistakes

- Brain Injury
- Doctor Mistakes
- Paralysis
- Obstetrical Mistakes
- Amputations
- Wrongful Death

Speak with a Harvard and Yale trained Doctor-Lawyer

Over $100 million recovered as co-counsel

Former Assistant Professor at Harvard Medical School

Former Attending Doctor at Harvard Teaching Hospitals

Named one of 2014 & 2015 Super Lawyers by publisher of Philadelphia Magazine

Member of the Multi-Million Dollar Advocates Forum

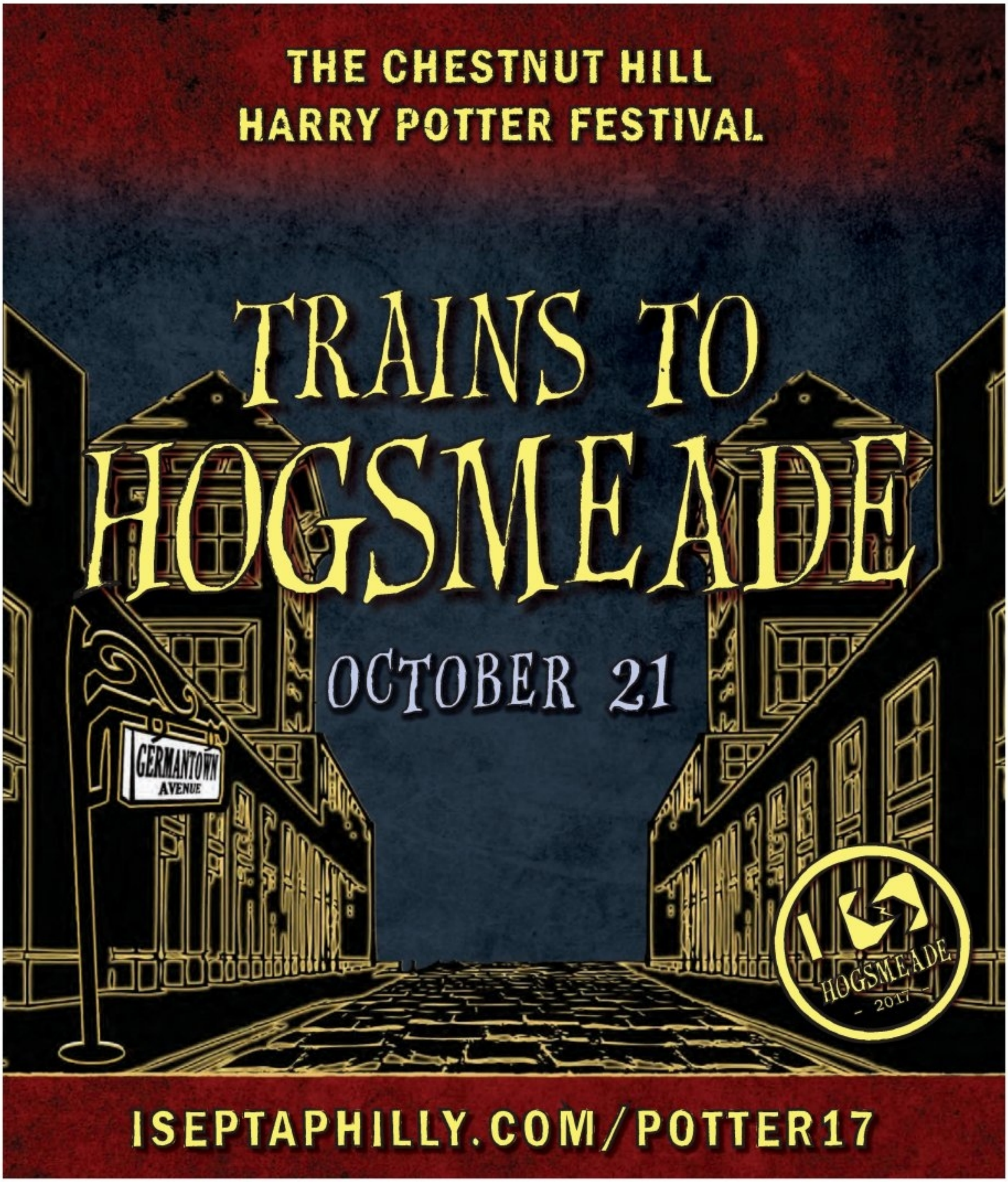
www.tymdjd.com

Law Offices of Tai Y. Wong

215-592-9750

Free initial consultation. No Recovery-No Fees.

1101 Market Street, Aramark Tower, Suite 2820, Philadelphia, PA 19107



Chestnut Hill Harry Potter Festival
PHS Pennsylvania Horticultural Society
I Philly
KYW Newsradio 1060 All News. All the Time.
Free Library of Imagination

What are the 'rattiest' cities in the US?

Philadelphia is high on the list.

KRISTIN TOUSSAINT
@kristindakota
kristin.toussaint@metro.us

Autumn is many people's favorite season, but fall isn't just all about picturesque pumpkin patches, apple cider and cozy sweaters — it's also a time for rat infestations.

With the change in temperature comes an increase in vermin invasions, according to Orkin. The pest-control company recently released a report detailing in which cities they do the most rodent treatments.

The report lists the "top 50 rattiest cities," based on how many commercial and residential rodent treatments Orkin performed between Sept. 15, 2016 and Sept. 15, 2017.

Though many think of New York City when they first think of rats, it actually came in second on the list, behind Chicago — which has topped the Orkin ranking for the last three years, according to the company.

Los Angeles, San Francisco and Washington followed behind New York City in that order, with Philadelphia landing in the sixth spot, up one spot from last year's list. And though Boston has a neighborhood many call "Allston Rat City," the Hub didn't make the top 10, coming in at number 15 out of 50 cities.

Orkin entomologist Chelle Hartzer said in a video that though rats can be in every state, they tend to be more prevalent in bigger cities because they have more people, and "more people means more food source, and therefore more rodents.

"We also see them a little bit more in port cities," she added. "Ports have a lot of goods coming and going and have a lot of habitat for rodents to hide out at. But wherever you are, you have the potential to have some rodent issues."

Each year, more than 20 million rodents invade homes across the country, according to the National Pest Management Association. Rats are particularly good at sneaking inside your home, experts say, because they can squeeze through a hole the size of a quarter or even chew their way inside.

To prevent rats from coming inside your home or business, Hartzer suggests making sure all food sources are cleaned up (even things like open pet- and bird-food can attract rodents), check your door and window seals for any openings to seal, especially now that the weather is changing, and if you do see any evidence of rodents, call a professional.

"Rodents can be active year round but we're going to see more activity in the fall and the winter months when those temps start dropping on the outside," Hartzer said. "Those rodents are going to look for something a little bit warmer, or an extra food source they may not have outside anymore because of those cooler temperatures."

19%

JUST UNDER 19 PERCENT OF PHILADELPHIA-AREA HOUSEHOLDS REPORTED RODENT SIGHTINGS, ACCORDING TO GOVERNING MAGAZINE

Back in January, a report named Philadelphia the top metro area in terms of the most mice and rats sightings in housing units. Just under 19 percent of Philadelphia-area households reported rodent sightings in the Census Bureau's American Housing Survey, according to Governing magazine.

Philadelphia Department of Public Health spokesperson James Garrow said that the department can't really validate Orkin reports as they're based on internal information, but that it's important to remember that all cities have rodents.

"It's a function of having people, trash and lots of places to hide," he said. "Everyone has a role in keeping rats out of their home or business, and our recommendations are simple: Keep food in sealed containers, bag your garbage and put it in sealed metal trash cans, pick up dog feces and block basement openings so they can't get in. We investigate complaints to our rat hot line [215-685-9000] and will work to eliminate the rats if they are found."

Pest control company Orkin made a list of the "rattiest" cities in the country.
WIKIMEDIA COMMONS

HASSMAN RESEARCH INSTITUTE
RSVP

We invite your
Research Study Volunteer Participation
in a research study if you have any
of the medical conditions:

- ADHD Pediatrics
- Alzheimer's Disease
- Bipolar Disorder
- Depression
- Eczema/Psoriasis
- Healthy Adults
- Kidney Disease
- Liver Disease
- Low Back Pain
- Migraines
- Pain Crohn's
- PTSD
- Osteoarthritis
- Schizophrenia
- Schizoaective
- Suboxone/Addiction
- Type 2 Diabetes
- Asthma

- Insurance is ***not required*** to participate in our studies, and all study-related care and study medications are provided at no charge.
- Compensation for ***time*** and ***travel*** expenses of between $300 and $5,600 may be available depending on the study.
- Transportation may be available.

FOR MORE INFORMATION, CALL TOLL-FREE
1.866.230.4185
OR VISIT HRITrials.com

HASSMAN RESEARCH INSTITUTE

ACCIDENT & INJURY ATTORNEYS

OVER $100 MILLION RECOVERED

• Auto • Medical Malpractice • Brain Injury • Birth Injury
• Construction Accidents • Slip & Fall
• Wrongful Death • Civil Rights • Workers Comp
• Criminal Defense

MARRONE LAW FIRM, LLC

TOLL FREE AT 866.732.6700

Schedule a FREE Consultation
(FREE PARKING ON SITE)

AT THE BELLEVUE
200 South Broad Street, Suite 400
Philadelphia, PA 19102

MARRONE LAW BUILDING
532 Route 70 West, 2nd Floor
Cherry Hill, NJ 08002

www.marronelawfirm.com

Million Dollar Advocates Forum
10 Best 2 Years Client Satisfaction American Institute of Personal Injury Attorneys
Best Lawyers BEST LAW FIRMS U.S.News Medical Malpractice Law – Plaintiffs Tier 1 Philadelphia 2017

www.metro.us

DELAWARE

Sixteen inmates charged with murder in Delaware prison uprising

A Delaware grand jury has indicted 16 prison inmates for first-degree murder over a February uprising during which a guard was killed and others taken hostage, prosecutors said on Tuesday.

Prisoners seized Lt. Steven Floyd, two other corrections officers and a counselor during the Feb. 1-2 uprising at the James T. Vaughn Correctional Center.

Floyd, 47, was found unresponsive after police stormed the prison's C building to end the standoff. The other guards were injured, while the counselor was unharmed.

A New Castle County grand jury handed up charges against a total of 18 inmates that include assault, kidnapping, riot and conspiracy, Delaware's Justice Department said in a statement.

A spokesman for the department said he had no information on whether the accused had legal representation.

A prison uprising has led to indictments against 16 inmates. FACEBOOK

The department's statement did not give a motive for the uprising. Officials said at the time that the prisoners were demanding better living conditions at the center, which houses about 2,500 inmates in Smyrna, some 40 miles south of Wilmington. REUTERS

Commuters spot raccoon in PATCO station and stir up online reaction

The "furry fare evader" is making waves on social media.

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

Watch out, PATCO commuters. A raccoon has recently been spotted in one of the New Jersey-to-Philly transit lines' stations in Center City.

PATCO revealed the presence of the raccoon themselves on Twitter early Monday.

"PLEASE NOTE: We're aware of this furry fare evader at 8th Street," they tweeted. "Animal control has been notified to safely remove the mammal."

Some commuters promptly melted down on Twitter, with many questioning whether the raccoon owned the bag he is seen clutching or had taken it.

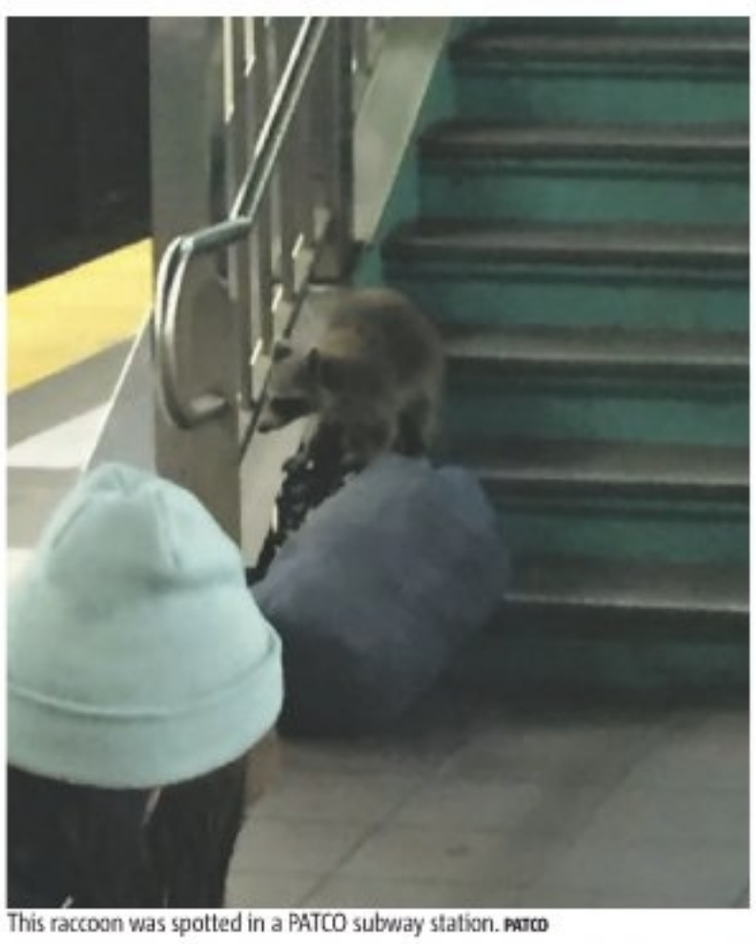
"Was he dragging that bag or was that a passenger's?" one tweeted. "It was a passenger's bag," replied David Bell Mislan, who took the original photo of the raccoon, which was later retweeted by PATCO. "He dropped it there and the raccoon was checking it out. Funny episode — everything turned out okay."

According to Mislan, one female commuter with "nerves of steel" walked past the raccoon within inches of it. And after toying with the bag, the four-legged critter scurried off down the train tunnel, he wrote.

Contrary to popular belief, raccoons are not rodents. They are mammals and meat-eaters. But they are known as "masked bandits" for their tendency to steal and eat anything available, including any food in outdoor gardens or garbage cans which have not been improperly secured.

"We're aware of this furry fare evader ..."

PATCO, on Twitter


This raccoon was spotted in a PATCO subway station. PATCO

USA VEIN CLINICS™

Say Hello To Life Again

SAY GOODBYE TO

- Varicose Veins
- Spider Veins
- Itching and Burning
- Leg Pain & Cramps
- Heaviness and Swelling
- Skin Discoloration
- Leg Ulcers
- Blood Clots
- Difficulty Standing

I have spent so long trying to limit time on my feet. I forgot how wonderful it is just to take a walk.

- Non-Surgical Outpatient Procedure
- Usually Takes Only 15 Minutes
- Covered By Medicare, Most Insurance Plans and Medicaid

Call (215) 809-1335 Don't Suffer another Day.

USA VEIN CLINICS™
www.USAVeinClinics.com

8352 Bustleton Avenue
Philadelphia, PA 19152

© May, 2017 USA Vein Clinic®. All rights reserved.

NOW ACCEPTING HEALTH PARTNERS INSURANCE

DANISAUTO

PHILADELPHIA'S TOP RATED DEALER!

@DANISAUTO

2014 BMW X1

2012 Mercedes CLS63 AMG

2013 Chevrolet Tahoe

2016 Nissan Rogue

2014 Audi A6

2016 Honda Civic

2016 Ford Fusion

2008 Cadillac Escalade

2016 Chevrolet Malibu

2015 Ford C-MAX

2012 Chevrolet Suburban

2014 BMW 7 Series

2017 Hyundai Santa Fe

2013 Infiniti G37

2011 Dodge Challenger

2015 Nissan Altima

2014 Kia Sportage

2009 Jeep Wrangler

2015 Mazda 6

2012 Lexus HS250

2009 Chevrolet Avalanche

2016 Dodge Charger

2017 Volkswagen Golf

2013 Volvo S60

2014 Cadillac CTS

2016 Buick LaCrosse

2014 Kia Soul

2015 Subaru Outback

2016 Chevrolet Trax

2013 Volkswagen Passat

2016 Ford Focus

2014 Toyota Corolla

2014 Chevy Silverado

Monthly payments reflect 2.49% APR financing for 66 months with $500 down. Tax and tags not included.

6250 HARBISON AVE.
PHILADELPHIA, PA 19149

MON - FRI	9AM - 9PM
SATURDAY	9AM - 5PM
SUNDAY	CLOSED

(215) 333-5520
DANISAUTO.COM

DISCOUNTS FOR MILITARY PERSONNEL, CREDIT UNION MEMBERS, CITY, HOSPITAL AND SEPTA EMPLOYEES.

SEPTA employees compete at annual Rail Rodeo event

A team of SEPTA employees who won the 2017 SEPTA Rail Rodeo on Saturday, Oct. 14, will now be headed to the 2018 International American Public Transit Association (APTA) Rail Rodeo Competition in Denver, Colorado.

SEPTA rail operators, conductors and engineers tested their skills as they competed for bragging rights and top prizes at the authority's annual Rail Rodeo event.

The annual event took place at the Authority's Fern Rock Maintenance Facility on Saturday, Oct. 14. The top SEPTA operating and mechanical teams took home prizes after competing in a variety of contests involving transit equipment, for example, stopping a trolley car as close as possible to a barrel without touching it.

SAM NEWHOUSE

SEPTA General Manager Jeffrey Knueppel (top left), Assistant General Manager of Operations Scott Sauer (top, second from right) and Rail Rodeo Committee Chair Kenyon Benson (top right corner) congratulate the SEPTA Rail Rodeo operations and maintenance team winners, seen holding their trophies, at Fern Rock Maintenance Facility this past Saturday. COURTESY OF SEPTA

SEPTA employee volunteers line up to board a trolley as part of the customer service exercise at the annual Rail Rodeo competition. GARY G. SCHEMPP PHOTOGRAPHY

SEPTA Training Department personnel reset the prop for maintenance team competitors participating in the Gear Box Event. AYANNA MATLOCK

SEPTA Training Department personnel member measures the closeness of a trolley to a barrel without touching it while an operator looks down from above. GARY G. SCHEMPP PHOTOGRAPHY

NEW
HIGHER RATES!

BEST CD RATES IN TOWN

American Heritage
CREDIT UNION

1.35% Annual Percentage Yield*
13 Month Fixed-Rate CD or IRA Certificate

1.85% Annual Percentage Yield*
36 Month Fixed-Rate CD or IRA Certificate

2.26% Annual Percentage Yield*
48 Month Fixed-Rate CD or IRA Certificate

2.36% Annual Percentage Yield*
60 Month Fixed-Rate CD or IRA Certificate

Check Out Our Rates Verses The Competition:

	AMHFCU	TD Bank	Citizens Bank	Wells Fargo	Santander	Bank of America
13 Month	1.35% APY*	n/a	0.03% APY**	0.05% APY**	0.10 APY**	0.05% APY**
36 Month	1.85% APY*	0.60% APY**	0.03% APY**	0.20% APY**	0.30% APY**	0.12% APY**
48 Month	2.26% APY*	n/a	0.10% APY**	0.25% APY**	0.30% APY**	0.15% APY**
60 Month	2.36% APY*	1.25% APY**	0.03% APY**	0.35% APY**	0.30% APY**	1.00% APY**
Minimum Balance	$1,000	$250	$25,000 Total Relationship Balances	$2,500	$500	$1,000

American Heritage Credit Union is not responsible for any misprinted information.
* Annual Percentage Yield. Rates listed paid on $1000 minimum balance. $500 minimum balance Share and IRA Certificates available at 0.10% lower Annual Percentage Yield. A penalty will or may be imposed for early withdrawal. Rates effective as of 10/12/17 and are subject to change.
** Annual Percentage Yield. Source: Website, Phone Survey and Independent Market Research Firm. Rates effective 10/09/17 and are subject to change without notice. Some competitor rates and terms may vary depending on personal credit report and/or other factors. For full details, visit AMHFCU.org/Cds.

Federally insured by NCUA

AMHFCU.org/CDS • 888-JOIN-US-9

SafeRideWalkSafe app keeps users safe when they're on the move

SafeRideWalkSafe aims to protect people traveling by cab or ride-share service, or when walking. SAFERIDEWALKSAFE FACEBOOK

As thousands of women add their voices to the #MeToo campaign, the fact that women face sexual assault or harassment at alarming rates is becoming even more undeniable.

The stories being shared online cover an array of instances, whether in the workplace, at home or in public spaces. One app is working on keeping people safer at a time when they may be particularly vulnerable: when taking a rideshare, cab or walking alone.

SafeRideWalkSafe is a smartphone app that provides notifications to a group of your contacts when you travel. It lets users see the best route for their trip, take photos of the car's license plate or driver and customize who receives information about their trip.

When you start a ride or begin walking, SafeRideWalkSafe calculates your estimated time of arrival. At the end of your trip, it prompts you to say that you've arrived safely. If you don't confirm that button, the app informs your selected contacts via text or email that something may have gone wrong.

"What we're trying to do is create the safest possible environment for anybody both riding and walking," said CEO Greg Czarnowski. "I think it's appropriate especially in light of the all [sexual assault] stuff coming out."

The app was developed by Russel Pergament, who works in media and publishing. He heard from reporters who had bad experiences in cabs while abroad.

"With taxicabs, one of the things we suggested is when you get in the back seat, take a picture of the medallion. That's instant identifiability and instant accountability," Czarnowski said. "Our belief has always been, in terms of discomfort in asking to take a picture, is that it makes the driver accountable. It lets them know you do have this app that is going to keep you a little bit safer and that they're on notice."

KRISTIN TOUSSAINT

FREE ESTIMATES, FINANCING AVAILABLE

American Home Concepts

BBB

Home Remodeling Specialist

"www.AmericanHomeConcepts.com"

- Kitchens & Bathrooms
- Windows & Doors
- Vinyl Siding & Roofing
- Cement & Stucco
- Wood Decks & Patios
- Railings & Fences
- Porch Repairs
- Tile Flooring
- Awnings

* Free Estimates
(610) 667-7775

PA-HIC Reg.# PA008523

Present this Coupon for 20% DISCOUNT ON All Work!

Not valid on previous orders. Cannot be combined with other offers. Call American Home Concepts at 610.667.7775 for details.

ADVERTISEMENT ADVERTISEMENT ADVERTISEMENT

USED CARS as low as $999*

FRED BEANS REPEATS HISTORIC USED CAR SALE

Doylestown, PA – Fred Beans, CEO and founder of the Fred Beans Automotive Group located in Doylestown, PA, has announced a **ONE DAY SALE** on Saturday, October 21st at 9:00AM, where pre-owned vehicles will be sold for as low as **$999**.* This sale is being held due to overwhelming public demand. Cars will be clearly marked, so come early for the best selection. This is a **ONE DAY ONLY** sale designed to get the local community driving again.

Fred Beans' pre-owned inventory levels need to be reduced to make room for shipments of new models arriving daily. As a result, **all 8 Fred Beans Doylestown locations are selling these overstocked pre-owned vehicles to the public at drastic discounts in an attempt to clear excess inventory**.

Along with this huge variety of pre-owned vehicles, the Fred Beans Family of Dealerships in Doylestown features new Ford, Lincoln, Volkswagen, Dodge, Chrysler, Jeep, Ram, Hyundai, Genesis, Nissan, Subaru, Chevrolet, Cadillac, Buick, and GMC vehicles.

Fred Beans believes reviving the economy starts at home, and changing things locally will lead to changing things nationally.

Along with the Fred Beans Family of Dealerships' extra inventory, additional vehicles have been acquired at incredible prices for this sale from various banks, repossession companies, auto auctions, credit unions, lease companies, and rental companies.

The sale will make pre-owned vehicles available for as low as **$999**,* prices not normally offered to the general public. According to Fred Beans, *"We want to give our customers a reason to believe in the local economy again. Someone has to look out for their best interest."*

Customers are encouraged to arrive and register by 8:15AM to inspect the entire inventory and find the car that's right for them. Every vehicle will be cleaned, detailed, and fully prepared for instant delivery. On the evening of October 20th, after the close of business, Mr. Beans and his team will mark the special sale price on each and every vehicle. Because Fred Beans' customers are feeling the credit crunch right now, the Fred Beans Automotive Group has given the dealerships' financing managers the resources necessary to get most customers' credit approved on the spot.

The Fred Beans Family of Dealerships has $10 million in lending power, the result of over 50 years of strong relationships with the area's leading lenders. This means that customers with a less-than-perfect credit history can have their credit approved and drive home a quality pre-owned car, truck, or SUV by lunchtime on Saturday.

Even if a customer's credit report shows a bankruptcy, divorce, tax lien, slow payment history, missed payment, or repossession or if a customer is a first-time buyer, Fred Beans may get them approved.

This special **ONE DAY ONLY** sale will be held at all 8 Fred Beans Doylestown locations this Saturday, October 21st at 9:00AM.

Pre-owned vehicles will be sold for as low as $999.* Customers are encouraged to arrive and register by 8:15AM for the start of inspection. Incredible sale prices, starting as low as **$999**,* will be posted no later than 8:00AM. All vehicles will be sold on a first-come, first-served basis. The Fred Beans Family of Dealerships is expecting a high volume of customers for this sale, so be sure to reserve your spot early.

Customers wishing to trade in a vehicle are asked to bring their title or payment book for immediate delivery. Fred Beans will even pay off your trade-in in full, no matter how much you still owe on it.**

Most of these surplus pre-owned vehicles will get sent directly to auto auctions for liquidation. So if anyone has been thinking about purchasing a good, clean, dependable pre-owned car, truck, van, or sport utility vehicle, don't miss this special **ONE DAY ONLY** sale.

Courtesy transportation is available from all local airports, train stations, and bus depots.

For more information about this sale and directions to our locations, please visit us online at **www.999sale.com or call 855-656-0699**

*At least 4 vehicles on Fred Beans lots will be priced at $999. All offers to qualified buyers. Cannot be combined with other offers. **Vehicle subject to inspection. Negative equity carries forward.

$999 SALE DEALERSHIP DIRECTORY • 855-656-0699

FRED BEANS Ford Lincoln	FRED BEANS Chrysler Dodge Jeep Ram	FRED BEANS Chevrolet	FRED BEANS Cadillac Buick GMC	FRED BEANS Volkswagen	FRED BEANS Subaru	FRED BEANS Hyundai/Genesis	FRED BEANS Nissan
876 N Easton Rd, Doylestown	858 N Easton Rd, Doylestown	845 N Easton Rd, Doylestown	841 N Easton Rd, Doylestown	3709 N Easton Rd, Doylestown	830 N Easton Rd, Doylestown	4465 W Swamp Rd, Doylestown	4489 W Swamp Rd, Doylestown

Ivanka Trump surely works in the White House, but her job description remains a mystery

White House officials have repeatedly declined to define her role.

ERIN TIERNAN
@ErinTiernan
erin.tiernan@metro.us

Ivanka Trump's role in the White House has not been defined. GETTY IMAGES

Ivanka Trump certainly isn't shy about the fact that her White House role comes with a certain amount of influence over her father, President Donald Trump, but what she does at the White House is kind of a mystery.

Speaking on Monday with MSNBC's Ari Melber, New York University journalism professor Jay Rosen and freelance journalist Hannah Seligson said numerous White House officials have repeatedly declined to explain what Ivanka does.

"Not only do we not know what Ivanka's qualifications for serving in the White House are, but really have no idea of her job description," Rosen said. "[Seligson] asked the White House, 'Can you just tell us what Ivanka does?' [The White House] refused to reply. It's amazing, like a palace."

Some White House officials, frustrated by Ivanka's reportedly ineffectual contributions, have taken to calling her "Princess royal," according to Vanity Fair.

In her in-depth piece for the Columbia Journalism Review titled "The Queen of Spin," Seligson argued it only benefits Ivanka to free her from the scrutiny typically applied to other White House officials. Seligson wrote that because of this, Ivanka "has succeeded at crafting and maintaining a narrative about her role in the White House."

"Ivanka has mostly preserved the public perception that she is a benevolent and moderating force, and repeatedly evaded blame in the press when scandal has struck the White House and the Trump Organization," Seligson wrote.

"Ivanka certainly benefits from a vague yet all-encompassing role," Seligson added.

Ivanka and husband Jared Kushner have faded from public view of late in order to keep their White House roles undefined, according to Business Insider. Other reports suggest that the Russia investigation has prompted them to withdraw. Whatever the reason, it's not a luxury typically afforded most White House officials.

GOP candidate for Georgia governor announces free 'bump stock giveaway'

A Georgia state politician who strongly disagrees with putting a ban on bump stock sales said he would give away one of the attachments to one gun-loving individual in a giveaway contest.

Georgia Sen. and GOP candidate for governor Michael Williams posted a statement to his Facebook page saying he stands in "solidarity with gun owners across the nation" and has created a contest on his website promising to offer a bump stock to "one lucky winner."

A bump stock is a device that modifies semiautomatic weapons, enabling them to function like fully automatic weapons. Stephen Paddock, the gunman responsible for the recent mass killing in Las Vegas, used a weapon modified with one of these devices.

"The tragedy in Las Vegas broke my heart,

Screenshot from GOP Georgia gubernatorial candidate Michael Williams' website. WILLIAMSGEORGIA.COM

but any talk of banning or regulating bump stocks is merely cheap political lip service from career politicians," Williams said in a statement he posted to Facebook.

The Georgia governor candidate believes politicians should focus more on mental health awareness and ways to reduce gun violence and crime in inner cities. Williams continued by saying, "Blaming guns or bump stocks for the actions of a lunatic, is the same as blaming McDonald's for heart disease." LENYON WHITAKER

DEPENDABLE AUTO OUTLET

Specializing in Credit Repair
LOW Down Payments
Car Buying Made Easy
ALL credit approved • 5 Minute Approvals
Family Owned and Operated for Over 30 Years!
Financing 4 Everyone!!!
VISA MasterCard AMERICAN EXPRESS DISCOVER

EVERYONE'S APPROVED!
Ask about our Guaranteed Credit Approval
APPLY NOW!
5min Approvals

2007 Lexus RX350 AWD — Spotless — CALL!
2011 Lexus RX450h AWD Hybrid — Nav Rear Camera — CALL!
2009 Nissan Murano SL AWD — Nav Rear Camera — CALL!
2011 Honda Odyssey — Nav Rear Camera, DVD, 8 Passenger — CALL!
2014 Dodge Grand Caravan SE Stow N GO — Low Miles — CALL!
2009 Nissan Pathfinder SE 4WD — 3rd Row DVD — CALL!
2009 Honda Odyssey EX — 3 In Stock — CALL!
2013 Toyota Camry LE — Low Miles — CALL!
2011 Volvo S60 T6 AWD — Nav Rear Camera — CALL!
2011 Mercedes Benz C300 4Matic AWD — Low Miles — CALL!
2008 Ford Escape XLT 4WD — 86k Miles — CALL!
2006 Ford Mustang V6 — Low Miles — CALL!

CALL! CALL! CALL!
215-547-8289
www.DependableAutoOutlet.com

351 Lincoln Highway
Fairless Hills, PA 19030

ALL CARS WARRANTIED
Fill out the finance application on our website from your phone.

ISIS defeated in its Syrian capital Raqqa

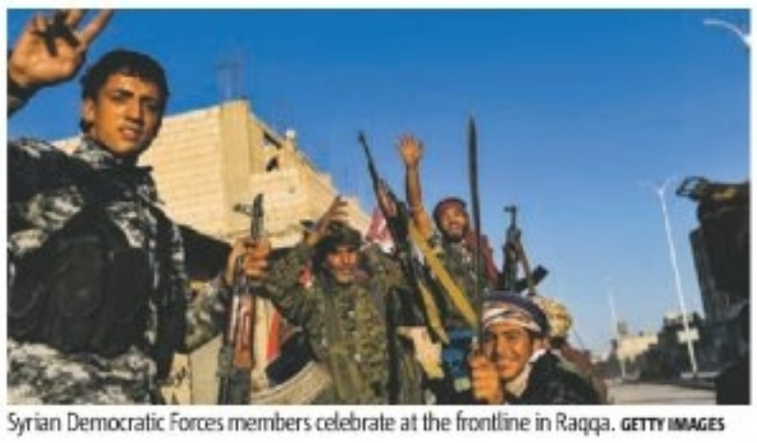
U.S.-backed militias in Syria declared victory over Islamic State in its capital Raqqa on Tuesday, raising flags over the last jihadist footholds after a four-month battle.

The fighting was over and the alliance of Kurdish and Arab militias was clearing the city's stadium of mines and any remaining militants, said Rojda Felat, commander of the Raqqa campaign for the Syrian Democratic Forces (SDF).

A formal declaration of victory in Raqqa will soon be made, once the city has been cleared of mines and any possible ISIS sleeper cells, said SDF spokesman Talal Selo.

In Washington, the U.S. military said that about 90 percent of Raqqa had been retaken from ISIS, but it expected the SDF to face pockets of resistance.

The fall of Raqqa, where ISIS staged euphoric parades after its string of lightning victories in 2014, is a potent symbol of the jihadist movement's collapsing fortunes.



Syrian Democratic Forces members celebrate at the frontline in Raqqa. GETTY IMAGES

ISIS has lost much of its territory in Syria and Iraq this year, including its most prized possession, Mosul. In Syria, it has been forced back into a strip of the Euphrates valley and surrounding desert.

The SDF, backed by a U.S.-led international alliance, has been fighting since June to take the city which ISIS used to plan attacks abroad.

The fighters and commanders clasped their arms around each other, smiling, in a battle-scarred landscape of rubble and ruined buildings around the main square.

The flags in the stadium and others waved in the city streets were of the SDF, its strongest militia the Kurdish YPG, and the YPG's female counterpart, the YPJ.

Fighters hauled down the black flag of Islamic State, the last still flying over the city, from the National Hospital near the stadium.

"We do still know there are still IEDs [improvised explosive devices] and booby traps in and amongst the areas that ISIS once held, so the SDF will continue to clear deliberately through areas," said Col. Ryan Dillon, a spokesman for the coalition. REUTERS

TOPCHOICE
HOMECARE
Quality. Commitment. Compassion

In need of
FREE HOME CARE SERVICES?
HIRE YOUR FAMILY MEMBER OR FRIEND AS YOUR CAREGIVER.

WE OFFER OUR CAREGIVERS:
• Top Competitive Pay
• Holiday Pay
• Birthday Pay • Overtime Pay
• Premium Health Insurance
And more.....

WE OFFER CLIENTS:
• Professional and Caring Staff
• Birthday Recognition
• Food Assistance
• Holiday Gifts
• Special Events

TRANSFER TODAY!

Call us at 215-792-6884 or stop by the office 8725 Frankford Avenue Philadelphia PA 19136.
www.topchoicehomecare.com

CANCER MEDICAL MALPRACTICE
OPIOID/SUSPICIOUS DEATHS

Delayed/failure to diagnose cancers, medical/nursing/hospital deaths/injuries/amputations/paralysis/blood clot/brain/pregnancy/birth/surgical/anesthesia/opioid/heart attack/stroke/dialysis/infection/diabetic/deaths/complications/surgical/abdominal/vaginal/pelvic/hernia mesh complications/all suspicious deaths, etc.
Cases Reviewed with Expert Physicians, including Ivy league trained expert physicians.

Evaluations by Attorney named top 1% of attorneys nationwide-National Assoc. of Distinguished Counsel, America's Top 100 Attorneys-Pennsylvania, many times as one of PA's best medical malpractice/personal injury attorneys with selections as a PA Super Lawyer, legal commentator, board member of PA's and Philly's largest trial lawyers organizations, life-time member of Million Dollar Advocates Forum, and former adjunct. Prof of Law.

Millions of Dollars Recovered for Injured Clients

CALL 215-567-0493
or email now for Free Consultations

EMMANUEL LAW FIRM, LLC
Two Penn Center, 1500 JFK Blvd. www.emmanuellawfirm.com
No Recovery-No fee/Free Consultations • Home/Hospital Visits

EPA now says 5,000 chest X-rays' worth of radiation exposure is safe

The previous safety level: 0.

MICHAEL MARTIN
@MetroPhilly
letters@metro.us

The Environmental Protection Agency (EPA) has declared that radiation levels equivalent to thousands of chest X-rays are safe for first responders to a nuclear emergency, an about-face from previous safety standards. Ten years ago, the agency said no amount of radiation exposure was safe.

The new guidelines, which were published in September, have activist groups worried that the Trump administration will use them as a pretense for rolling back regulations.

"It's really a huge amount of radiation they are saying is safe," Daniel Hirsch, the retired director of the environmental and nuclear policy program at the University of California, Santa Cruz, told Bloomberg. "The position taken could readily unravel all radiation protection rules."

EPA head Scott Pruitt has been criticized for holding views that contradict science. GETTY IMAGES

The new guidelines were published in a September 2017 EPA advisory document on response to a nuclear emergency. "According to radiation safety experts, radiation exposures of 5-10 rem usually result in no harmful health effects, because radiation below these levels is a minor contributor to our overall cancer risk," the EPA said in the document. That level is equivalent to nearly 5,000 chest X-rays or seven to 14 chest CT scans, Bloomberg noted.

The 2007 version of that document said that no level of radiation was safe and that "the current body of scientific knowledge tells us this."

The new advisory does not change any federal laws. "EPA has not changed its standards regarding radiation exposure, and no protective guidelines were changed during this administration," EPA spokeswoman Liz Bowman said. "We are simply providing more supporting resources."

EPA head Scott Pruitt has been criticized for holding views that contradict science. Notably, he has questioned whether human activity is responsible for climate change. "I knew that under Scott Pruitt, EPA is in climate denial, but now it appears to be in radiation denial, as well," says Jeff Ruch, executive director of the Public Employees for Environmental Responsibility. "This appears to be another case of the Pruitt EPA proclaiming conclusions exactly opposite the overwhelming weight of scientific research."

Ninety-two percent of people live in places with excessive air pollution. GETTY IMAGES

No one is safe from air pollution — not even unborn babies

The World Health Organization estimates that 92 percent of people live in places where air pollution is higher than accepted levels.

Even the unborn are at risk, according to a new study published in the journal JAMA Pediatrics. European researchers studied 641 Belgian newborns and found that the babies born to mothers exposed to higher levels of nitrates, sulfates and large carbon particles had shorter telomeres than other babies.

Telomeres are DNA structures found at the end of each chromosome that protect the "data" of each chromosome, making it easier for cells to divide. The telomeres also shorten with each division. So, the babies born with shorter telomeres have cells that will age faster than other babies.

And the shortening is not insignificant: According to the researchers, babies born to mothers exposed to higher levels of air pollution had 13.2 percent shorter telomeres in their placenta cells and 8.8 percent shorter telomere in their cord blood cells. MEAGAN MORRIS

We Have the POWER
MENTHOL MORE ADDICTIVE MORE DEATHS
PROTECT OUR KIDS FROM CANDY FLAVORED TOBACCO
Big Tobacco Profiles our Kids!
BIG TOBACCO IS PROFILING OUR KIDS AND OUR COMMUNITIES WITH MENTHOL AND FLAVORED TOBACCO!
BREAK THE CYCLE
SmokeFreePhilly.org | 1-800-QUIT-NOW

CALL SAUL
IF YOU'RE INJURED.
Nobody Fights Harder-Nobody
The Saul Law Firm
Bentley Saul, Esquire
Managing Attorney
1313 Race St, Phila, Pa 19107
Slip and Falls • Auto Accidents
Spinal Cord/Brain Injury • Wrongful Death
• Millions of Dollars Recovered for Our Clients
• No Fee Until You Get Paid
• We Even Come to Your Home or the Hospital
CALL NOW!
OFFICE
(215) 496-1100
24/7 EMERGENCY LINE
(215) 480-3200

Your Highness, the royal baby, has a due date

Hold on to your proverbial hats: Prince William and Kate Middleton have announced the due date for their third royal baby.

"Their Royal Highnesses The Duke and Duchess of Cambridge are delighted to confirm they are expecting a baby in April," Kensington Palace wrote in a statement Tuesday. The lil' babe will join big brother Prince George, 4, and big sister Princess Charlotte, 2.

The couple — who appear to just love procreating — stepped out Monday for a surprise appearance to meet Paddington Bear. And Kate, who has been battling severe morning sickness, danced with the small man in the bear's outfit, appearing to have what some people would call "a good time."

Great news, then! As long as this damn baby doesn't upstage anything between Prince Harry and Meghan Markle, everything should be fine.

And we'll never be rooooyals.

the word

The Gaines are still talking

In late September, Chip and Joanna Gaines announced that the next season of "Fixer Upper" would be their last. Then they explained why. Now they're explaining why again, because … well, honestly, there doesn't appear to be a reason.

The couple stopped by "Today" on Tuesday to promote Chip's new book, of course — and to also wax poetic on deciding to leave their hit show. Again.

After saying that their relationship is "as healthy as they've ever been," Chip acknowledged those pesky theories about the twosome being on the rocks.

"The most important thing in the world is Jo and I's relationship, followed very quickly by these four beautiful kids," he said. "And we didn't want to push it, red line it, for so long that we woke up and realized, we are at a point of no return. So, we wanted to take a step back." OK!

We're predicting next week, they conveniently open up again and say… pretty much the same thing.

These two just can't stop, can they?

Robert Pattinson leans on Katy Perry

It's his time of need, or whatever.

ALL PHOTOS GETTY IMAGES

Robert Pattinson — he of the very chiseled chin bones — recently split from fiancee FKA Twigs (real name, Tahliah Barnett). And now, he appears to be taking a sort of creature comfort in his longtime friend Katy Perry. Which leaves just one question: But why?

E! reports that since the breakup, Pattinson has been leaning on his good friend Katy Perry. How these two are friends is really just a mystery, frankly. "Rob has been leaning a lot on Katy since his split with FKA Twigs," another source shares with the outlet. "Kate has always been a good friend to Rob over the years and has been there for him emotionally." Mmkay!

Hopefully these two people who we don't know and/or have any personal investment in won't get together. But if they do, I mean, that's also fine. Do you, y'all!

J. Law shares story of Hollywood harassment

J. Law speaks out.

In the wake of the Harvey Weinstein sexual-harassment and -assault allegations, Jennifer Lawrence is the latest celeb to speak out about the "degrading" and "humiliating" experiences that are all too common for a working actress in Hollywood today.

At the Elle Women in Hollywood Awards on Monday, the "Mother!" actress said that early on in her career, she was told by a producer to lose 15 pounds in two weeks, and that another actress had been fired from the project for failing to lose weight in time.

It gets worse.

"During this time a female producer had me do a nude line-up with about five women who were much, much, thinner than me. We all stood side-by-side with only tape on covering our privates," she said, adding that the producer told her to "use the naked photos of myself as inspiration for my diet."

When she tried to stand up for herself, she recalled, another producer told her "he didn't know why everyone thought I was so fat, he thought I was 'perfectly f—ckable.'"

KATE MOONEY

SUBOXONE
and Vivitrol Programs
GET YOUR LIFE BACK FROM OPIATES
FREE TREATMENT & MEDICATION
Provided by Many Insurances
For more information/to make an appointment call
Greater Northeast Medical Group
215-464-6104
10890 Bustleton Ave, Ste 103, Philadelphia, PA 19116
www.facebook.com/GNEMG

‘Una’ brings a painful past to a problematic present

This psychological thriller makes “SVU” look like a children’s show.

GREGORY WAKEMAN
@MetroPhilly
gregory.wakeman@metro.us

Rooney Mara, Ben Mendelsohn and director Benedict Andrews have received global praise for “Una,” one of the most thought-provoking films of the year that’s also sure to leave you feeling very uncomfortable. They talked with Metro about the stage-to-big-screen story and the process of working with some pretty grizzly subject matters.

In the film Mara plays Una, a woman who was in a sexual relationship with Mendelsohn when she was just 13. After being incarcerated for his actions, Mendelsohn changes his name, reinvents himself, gets married … only for Una to disrupt everything with her arrival 15 years later. And she wants some answers.

Benedict Andrews, Rooney Mara, Ben Mendelsohn
GETTY IMAGES

Tell us about the process of making such an intense movie

Mara: “I went to see (the play) blindly, in a matinee, and I was just blown away … I can feel empathy for just about anyone. I feel that it’s important to be able to do that. My experience with the material is so wrapped up in my feelings of it. I don’t see (Una) as just a victim. I see her as much more complicated than that.”

Mendelsohn: “I knew what I was going into when I signed up for it. Going into film it it’s thrilling — it’s an amazing psychological thriller. I think there’s a time for thinking about the character, but it’s not when you’re doing it. Rooney is one of the most immediate actors I have ever worked with. It’s like table tennis, you’re very close, and you need to react because that ball is coming back over the net fast.”

Andrews: “When I watch it with an audience I’m aware of this claustrophobia, but I also see it as this diving bell. You can feel the audience as they go deeper and deeper down with the two of them. It’s an uncomfortable place, but they feel compelled to stay with them. We had to find the cinematic equivalent of how to take the audience ever deeper as the characters go deeper and deeper into themselves. Their relationship is so private. And part of that claustrophobia is that we’re drawn into that private knot between the two of them.”

What do you want audiences to take away from “Una”?

“The film kind of intelligently unpacks a lot of the moral questions,”

Lose Weight
Fast and Keep It Off...
• Medically Proven Program
• FDA Approved Appetite Suppressants
• Diet Shots & Fat Burning Injections
• Dietician Developed Meal Plans
• No Packaged Meals to Buy
• Free EZDietPlanner™ App & Community
• Plans for Adults and Children
Dr. Jon Fisher
Dr. Fisher’s Medical Weight Loss & Aesthetic Centers
$99 Gets You Started!
4 Locations Call Today
FEASTERVILLE
CITY LINE AVE.
TABOR AVE.
SOUTH PHILLY
Dr. Fisher’s Medical Weight Loss & Aesthetic Centers
215-478-6901
BodyByFisherNow.com
© Physicians Marketing Solutions, Inc. All rights reserved.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Pursuant to the lien granted by the Pennsylvania Self-Service Storage Facility Act, 73 P.S. § 1901, et. seq., Metro Storage, LLC, as managing agent for Lessor, will sell by public auction (or otherwise dispose) personal property (in its entirety) belonging to the tenants listed below to the highest bidder to satisfy the lien of the Lessor for rental and other charges due. The said property has been stored and is located at the respective address below. Units up for auction will be listed for public bidding on-line at **www.Storagestuff.bid** beginning five days prior to the scheduled auction date and time. The terms of the sale will be cash only. A 10% buyer’s premium will be charged per unit. All sales are final. Metro Self Storage, LLC reserves the right to withdraw any or all units, partial or entire, from the sale at any time before the sale or to refuse any bids. The property to be sold is described as “general household items” unless otherwise noted. All contents must be removed completely from the property within 48 hours or sooner or are deemed abandoned by bidder/buyer. Sale rules and regulations are available at the time of sale.

Metro Self Storage 2240 Island Ave., Philadelphia, PA 19142 • 215-863-0560
Bidding will close on the website www.Storagestuff.bid on 10/24/2017 at 11:00 am

Shelleyann Neal 0009, Letitia Thomas 0032, Charles Medley 0112, Richard Slater 0159, Akeem Weathersbee 1102, Clarissa B. Powell 1121, Ebony Agbozognigbe Joyner 1158, Ronald Parker 1166, Elise Cartwright 1249, Lemwood Washington 1252, Cassius Dwyer 2107, Phillip Wells 2133, Asia Matthews 2189, Christian Smith 2235, Melissa Haswell 2271, Eric Brister Jr 3015, Nyamah Makor 3033, Latoya Mccullough 3040, Shelleyann Neal 3047, Patricia Stevenson 3112, Patricia Stevenson 3126, Gloria Mills 3163, Shiquita Jones 4079

Metro Self Storage 1354 Hook Rd., Sharon Hill, PA 19079 • 610-583-7867
Bidding will close on the website www.Storagestuff.bid on 10/24/2017 at 12:00pm.

Clinton C Martin 21, Robert Bell 35, LaDonna Crantshaw 50, Dimitri Keith 57, Brian Marant 90, Angela Lewis 99, Jenieve Bennett 175, Brian German 213, Nomu Reeves 381, Daniel Obrien 390, Frances Royal 413, Tyanna Pollard 428, Darlene Briscoe 448, Jenna Brown 517, Andrew Holloway 586, Robert Johnson 587, Muhammad Mustapha 614, Victor Roberson Jr. 652, Ashley Hope-Robinson 654

Metro Self Storage 4440 E Bristol Rd., Trevose, PA 19053 • 215-396-1110
Bidding will close on the website www.Storagestuff.bid on 10/24/2017 at 1:00pm.

Thomas Bobrownicki 1031, George Odonnell Jr 1110, Tamika Dawson 1229 Joseph F Donohue 3022, Anthony Coccia 3033, Thomas Bobrownicki 3092

Metro Self Storage 1145 Easton Road, Willow Grove, PA 19090 • 215-659-6065
Bidding will close on the website www.Storagestuff.bid on 10/24/2017 at 2:30pm.

Jessica Babb 171, Robert Shirey 223, Caryn Reed 225

Metro Self Storage 1634 Mearns Road, Warminster, PA 18974 • 215-441-4400
Bidding will close on the website www.Storagestuff.bid on 10/24/2017 at 3:00pm.

Fred Rappaport I020, Paul Brown WA056, David Thorpe B013

Rooney Mara and Ben Mendelsohn deal with their dark secrets. THUNDERBIRD RELEASING

says Andrews. "You know, does someone have the right to a new life? What's it like to not be able to let go of the past? There's no condoning what happened — it's clear it f—d up a lot of lives. That's the beginning point; we already know this is wrong. We want to get people talking and arguing about the story, inviting the audience into this uncomfortable grey area provoking conversation. The film doesn't aim to give easy moral lessons, or let people off the hook, but I believe the power of its strength is it is tender."

Why don't we see films like this more often?
Andrews: "It is a real hard film to get made. I wasn't thinking about it; I was too naïve. Now I realize it's a miracle that the it gets a release. Because of the subject matter."
Mendelsohn: "It's very unusual that you get such a storied and deep exploration of character-to-character. In fact, I don't think I've ever done anything that has the intensity of this with just one other character. Of just consequence, story line and scenes. And I don't think I ever will again because they don't come along very often."
Andrews, again: "That's something specific to this. I don't necessarily think all films should be like "Una." This is a very claustrophobic encounter, and that is its specific flavor. My next film will be much more epic, because there are other notes to play."

"Una" is now in cinemas.

Do you or anyone you know, have an illness or injury expected to last more than 6 months?

Call Successful Aging home health care today and receive good news!

We may help you and your family to age successfully at home and avoid nursing placement or frequent hospitalization. The best part is that we may train you to be a CNA for free and we may hire you to care for your loved ones and other people in need of home health care.

Call to see if you may be eligible to join other caregivers making a good living helping others.

Call Successful Aging Care Today To Find Out How.

215-224-0242
888-569-1763
www.agingcarenet.com

BILL'S DISCOUNT CARPET & FLOORING

Your Mobile Carpet Showroom Locally Owned and Operated Serving PA, NJ and DE for Over 25 Years

CALL ANYTIME 1.856.264.1079

Shop Us First, Shop Us Last, It Doesn't Matter
We Will Beat Anybody's Estimate
We Also Install & Refinish Hardwood Floors!

3 ROOMS $498*
Plush or Sculptured Carpet | 8lb. pad, installation. 40 Square Yards

3 ROOMS $598*
Super Plush Carpet | 8lb. pad, installation. 40 Square Yards

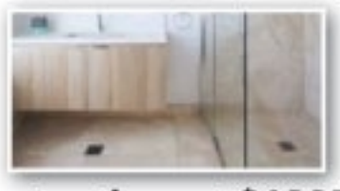
3 ROOMS $698*
Heavyweight Plush Carpet | 8lb. pad, installation. 40 Square Yards

Lic. #NJ13VH08091600 #PA10882

ALL CONSTRUCTION WORK AND PAINTING!

FANTASTIC FALL SAVINGS!
EXTRA 15% OFF EVERY ORDER

Free Shop At Home! FREE ESTIMATES!
Save up to 1/2 OFF Retail Store Pricing.



Complete Bathrooms starting at $1895
Complete Kitchens starting at $3595
Sale on Wood, Laminate and Vinyl Flooring!
Next Day Installation Available!

3 ROOMS OF CARPET $398*

*Up to 40 Sq. Yds
10% Senior Citizens Discount
PA10882

FREE SHOP AT HOME!

www.billsdiscountcarpet.com

When the most challenging and powerful thing to do is just 'Breathe'

Discover the heart-warming true story of a love that couldn't be stopped by disability.

GREGORY WAKEMAN
@MetroPhilly
gregory.wakeman@metro.us

Andrew Garfield and Claire Foy as Robin and Diana Cavendish. BLEECKER STUDIOS

It's hard to imagine being struck down in your prime and paralyzed from the neck down by a disease that has now nearly been eradicated from the planet, but that's exactly what happened to Robin Cavendish. He was given only months to live, but his determined wife, Diana, refused to watch her husband wither away in the hospital and insisted he become the first polio patient to live a rich, full life with family and friends. And the medical world was changed forever.

Played by big screen Brit Andrew Garfield (as Robin) and small screen Queen from "The Crown" Claire Foy (as Diana), the film follows a traditional love story, until tragedy strikes when Robin contracts polio. But grief and pain give way to resilience as the couple vow to see Robin thrive at a time when others with his diagnosis were locked away to die.

We asked Foy what drew her to the character of Diana and she said, "Everything, really. It really was a foregone conclusion when I read the script. The humor, the love, and the characters refuse to see themselves as downtrodden in any way." In fact, that's a theme that's linked to her last famous role (as Queen Elizabeth II). "The generation that grew up in the war had a very clear frame of reference. Not only 'Keep calm and carry on,' but also that life throws you all kinds of problems. The idea of complaining about your lot and navel-gazing — what we all do now — they'd be like, 'Why bother? What's wrong with you?' They weirdly live in the moment. Taking each breath as it comes. And that's so true of people when they're ill. One person makes a joke, and that moment of levity cracks through the horror. It means people are able to be more open."

Claire Foy and Andy Serkis GETTY IMAGES

Foy is charming as ever as the backbone of the family, but what was it like for director Andy Serkis to find a lead who could emote with his entire body at first, and then be limited to the neck up? "We went on a long search to find Robin. [Garfield] just responded to the script. I knew he would. Because he's such an incredibly positive, versatile and physical actor. And we wanted someone who was an athletic actor because we wanted to really feel the loss of that athleticism, and being nailed down to just his facial expressions. And [Foy] is so honest and truthful, and is perfect for Diana because she lives in the moment, doesn't suffer fools, and has a directness and wit to her."

"Breathe" is in theaters now.

Adams Carpet Center
Free Shop At Home
call now! 215-425-9700

FREE INSTALLATION
UP TO 360 SQ. FT.
Level Loop Stain Resistance
3 Rooms Of Carpet
$488
AT ONE LOW PRICES!

Adams Carpet Center
Family owned and operated since 1970, 3rd generation

Nylon Plush
$588
(Up to 360 Sq. Ft.)
10 Year Wear Warranty
10 Year Stain Resistance

100% Smart Strand BCF
$688 (Up to 360 Sq. Ft.)
Lifetime Stain & Soil Warranty
20 Year Wear Warranty and Resistance

48 HR. INSTALLATION AVAILABLE
IN STORE ONLY
REMNANTS SALE
CARPET ONLY
12x9-$69+up/12x12-$99+up
12x15-$119+up/12x18-$139+up

BENSALEM
2066 STREET RD., BENSALEM PLAZA
215-245-4400
HOURS: Mon., Wed., Thurs., Fri. 10am-8pm
Tues. & Sat. 10am-5pm; Sun. 12pm-4pm

KENSINGTON
2850 EMERALD ST.
(1 BLOCK WEST OF FRANKFORD)
215-425-9700
HOURS: Mon. - Sat. 9am-5pm

ROXBOROUGH
6604 RIDGE AVENUE
215-482-3400
HOURS: Mon. - Wed., Thurs., Fri. 10am-8pm
Tues. & Sat. 10am-5pm, Sun. 11am-3pm

FINANCING AVAILABLE • NO INTEREST FOR 6 MONTHS
www.adamscarpetcenter.com

ACCIDENTS
INJURIES
SLIP & FALLS
Social Security/Disability
NO FEE UNTIL WE SETTLE
LICENSED IN PA & NJ
¡Hablamos Español!
215-665-1900
DENNIS A. POMO, Attorney at Law

SERIOUS PERSONAL INJURY
ACCIDENTS • MEDICAL MISTAKES
WRONGFUL DEATH
J. Michael Considine, Jr., P.C.
1845 Walnut St., Suite 1300 • Philadelphia
WE CARE ABOUT YOU
INSIGHT, COURAGE & INTEGRITY
MANY GREAT OUTCOMES
32 YEARS EXP.
215-564-4000

Safian & Rudolph is giving away a diamond engagement ring

Put a ring on it for free!

JENNIFER LOGUE
@jenniferlogue
jennifer.logue@metro.us

This is the stunning engagement ring up for grabs. PROVIDED

It is said the best things in life are free, and in the case of getting hitched, your engagement ring could be *gratis*, thanks to Safian & Rudolph on Jeweler's Row, owned by Hy Goldberg and his son, Rich.

Located at the corner of 7th and Sansom Streets, in the oldest jewelry district in the United States, Safian & Rudolph is giving away a 1-carat diamond ring to one Philadelphia couple in a social-media contest that runs from now through Saturday, Dec. 2.

The engagement ring up for grabs is by celebrated designer Scott Kay and is valued at $5,000.

"This is one of our finest style rings," says Rich Goldberg. "If you want a ring with real 'wow' factor, this is it."

Hy Goldberg adds: "We wanted to do something nice for Philadelphia, and for a pair of Philadelphians in love who can't afford to purchase a ring of this magnitude, this holiday season."

Here's how to enter:

Beginning at 9 a.m. on Monday, Oct. 16, applicants can post a photo of themselves on Safian & Rudolph's Facebook page or on their own (public) Instagram page, along with 100 words or less explaining why they deserve to win the ring.

Submissions will be accepted until 11:59 p.m. on Saturday, Dec. 2, and must include the #SayItWithSafian hashtag.

Three finalists will be announced Tuesday, Dec. 5. The public will vote on the winner, with voting ending at 11:59 p.m. on Tuesday, Dec. 12.

The winner will be announced at an in-person event at the jewelry store Thursday, Dec. 14.

For more information, visit: safianrudolph.com

ARTIE CLEAR
ROOFING AND DRYWALL

NO JOB TOO BIG OR TOO SMALL!!!!!!!!
WE DO ROOFING, DRYWALL,
HEATERS (Gas or Electric), AND MORE.
FREE ESTIMATES-100% FINANCING AVAILABLE!
EVERYBODY GET'S APPROVED!
ARTIE CLEAR FROM EAGLES REPORT CARD AND FOX
CALL ARTIE TODAY AT
609-335-0207 or 215-444-6844
FOR YOUR FREE ESTIMATE.

TRI-STATE CREATIONS
100% FINANCING AVAILABLE
FREE ESTIMATES!
AS SEEN ON TV
LOANS AVAILABLE UP TO $50,000
www.tristatecreations.com
Call now to see if you qualify

- Kitchens & Bathrooms
- All Types of Windows
- Vinyl Siding / Insulation
- Steel Doors & Storm Doors
- Garage Doors
- Carpeting & Tile Flooring
- Porches & Porch Repairs
- Wood Decks & Patios
- Hardwood Flooring
- Cement & Stucco
- Awnings
- Roofing & Gutters
- Iron Railings / Fencing
- Plumbing / Heating/ A/C
- Electrical • Decks
- Basements
- Laminate Flooring

Discounts for Senior Citizens
Veterans • Military • Handicapped
• Police • Firemen
• SEPTA Workers • Government Employ

888-990-8886
No Down Payment Required. Low Monthly Payments
CALL NOW TO SEE IF YOU QUALIFY!
LOW PAYMENTS STARTING AT $59 MONTHLY For Qualified Applicants
Fully Insured
PA - Hic Reg. # PA 002286
Phila. 39104
NJ. 13VH 04728900
DE. 16-98022-99

Fall is here, time to get those home improvement projects done in time for the holidays.
Roofing-Siding-Windows-Kitchens
Bathrooms-Basements-Heating/AC-Decks
AMERICAN ICON HOME IMPROVEMENTS
www.aihomeimprovements.com
1-800-566-7280
Nj license #13VH00685900 Pa license # PA064053
100% Financing available with low monthly payments.
(for qualified buyers. Programs vary)

Fully insured-Family owned and operated since 2001
Receive a $200 amazon.com gift card at the completion of any full bath or kitchen remodel*
FOLLOW US ON
A+ Rating Better Business Bureau
Receive a 32" LED VIZIO Flatscreen TV at the completion of any job contracted over $4999*
FREE 32" VIZIO
*Certain restrictions may apply. *Can not be combined with any other offers. *One coupon redeemed per contract job. *The third-party products names, logos, brands, and trademarks shown on this ad are the property of their respective owners. These companies are not affiliated with American Icon and do not sponsor or endorse any giveaways.

JEFCO MFG
Awning Experts Since 1950
FANTASTIC FALL SAVINGS!
Treat Yourself To A New...
AWNING

Aluminum • Canvas • Clear Awnings
FREE HOME ESTIMATES 215-334-3220
Window • Door • Porch & Patio Covers
SENIOR DISCOUNT
Stationary • Retractable • All Styles & Colors
Lic. #PA075460
SHOWROOM: 5000 PASCHALL AVE., PHILADELPHIA 19143

PERMA SEAL
State & City Lic #36495
WE'LL BEAT ANY PRICE!
Certified & Insured
215-947-3939
Celebrating Over 25 Years of Excellent Service
Installation Available
Windows
• Vinyl Tilt In $99
• Bow & Bay $399
• Glass Block $99
Doors
• Insulated Steel Entry $339
• Steel Security $339
• Garage $339
Siding
• Warmer in winter, cooler in summer $339
And More
• Window Guards • Railings • Fencing
• Kitchens • Baths • Roofing • Gutters
• Downspouts • Capping • Soffit • Awnings
FEDERAL GOV'T LOANS • EASY PAYMENTS
• NO MONEY DOWN FINANCING AVAILABLE

BROADVIEW KITCHEN & BATH
HOME DISCOUNT CENTER
Granite COUNTERTOPS Installed
$39.00 per sq ft.
PROVIDING YOU WITH THE BEST QUALITY AND THE BEST PRICES

10% OFF
WITH THIS AD
Excludes windows, installation, starter set, granite, moulding and cabinets.
60" Starter Kitchen Set
SB60, W6030, Sink, Countertop
Starting at $500
Available in Oak, Cherry, and White
QUARTER ROUND MOULDING
$0.36 PER FOOT
Check Out Our Year Round Specials!
Double Hung STOCK WINDOWS
Up to 92 United Inch
$120.00
Standard window and Installation
includes LOE and Argon Gas
$225.00
(min. qty apply)
6330 N Broad Street, • Philadelphia, PA 19141
HOURS: Monday - Friday - 8am - 6pm
Saturday - 8am - 5pm
215-548-5060
www.broadviewkb.com

COUPON
Windows Doors Unlimited
FALL
Special with this coupon
$115.00 + Tax Stock Windows up to 101 united inches

24¼ x 37½	28¼ x 45½	31¼ x 45½	34¼ x 57½
24¼ x 45½	28¼ x 53½	31¼ x 53½	34¼ x 61½
24¼ x 53½	28¼ x 57½	31¼ x 57½	34¼ x 65½
24¼ x 57½	28¼ x 61½	31¼ x 61½	39¼ x 45½
24¼ x 61½	28¼ x 65½	31¼ x 65½	39¼ x 53½
24¼ x 65½	28¼ x 69½	34¼ x 53½	

$199.00 Standard window and installation
7952 Bustleton Avenue, Philadelphia, PA 19152 • Phone: 215-338-4126
Fax: 215-338-4127 • Email: unlimitedwindows@yahoo.com
Hours: Monday-Friday 8am to 4pm, Saturday 8am to noon
Looking for sales person for windows and doors.

Offerings from Lurvig, Ikea's new line of pet furniture. IKEA

Ikea debuts line of pet furniture

The Swedish retailer has released a line of pet-centric goods called Lurvig, Swedish for "shaggy."

KATE MOONEY

Pet furniture: It's a thing. Ikea has released a line for the furry dependents in your life, adorably named Lurvig, which is Swedish for "shaggy." Now when you go shopping at Ikea for your Billy bookcase, Stockholm rug or Ektorp sofa, you can throw in a piece or two for Fido or Felix, whether it's a cat-scratch mat that wraps around a table leg, or a doggy/cat bed that looks like a mini-loveseat.

According to the press release, head designer Inma Bermudéz wanted to create the products from "a pet's perspective," so she consulted with veterinarian Dr. Barbara Schäfer, who has also worked with Ikea on product-risk assessment.

"Our pets have their own personalities, but they have five things in common: They love sleeping, eating, playing and exercising, and being

The cat-scratching mat wraps around a table leg, making a "scratching tree" for your feline. IKEA

close to us. So these behaviors have been the first thing on our minds when designing these products," Bermudez explained. Schäfer and Bermudez prioritized safety, making sure that the pieces were made of durable materials that would hold up when subjected to typical pet behaviors, such as chewing and scratching.

At the same time, they also sought to make the pet line compatible with human wares. For example, the Lurvig pet cushion has a removable cover, so owners can fill it with old clothes and the "pets get a comfortable cushion with comfortable, familiar smells, too," according to Bermudez.

Here are the niftiest finds for our furry friends from the new collection (according to our human eyes, that is). You could always ditch the line and repurpose old Ikea furniture to make it pet-friendly, like the Ikea hackers have done.

Cat scratching mat, *$5.99*

Relieve your feline's cat-scratch fever and let her get some stretching in via this mat that wraps around a table leg, turning into a "scratching tree."

Cat/dog bed, *$49.99*

This black bed for canines or felines looks like a one-cushion mini -loveseat. It unfolds into a reclining bed in case they want to stretch out their limbs.

Cushion, *$7.99*

It's a nice idea that your pet might want a body pillow to lounge on. This cushion comes in six color combinations and has a removable cover, so you can easily wash it when your animal inevitably dirties it up.

Slow-feed bowl, *$4.99*

If your dog is the type who inhales his food, this bowl has a raised area in the center, designed to slow him down and prevent an upset stomach.

Cat house on legs, *$54.98*

You can prop up this cat house on legs, mount it on the wall or slide it into an Ikea Kallax shelving unit, if you have one. Maybe switch it up to keep your cat entertained.

WHY EMBIID'S MINUTES RESTRICTION REALLY IS 'F—ING BULLS—'

OPINION

EVAN MACY
@evan_macy

Joel Embiid will start the regular season on the floor for the 76ers. Good news, right?

Well, he will be restricted to a number of minutes "probably in the teens," according to head coach Brett Brown, in every game to start things off.

To which the 23-year-old budding superstar said it's "f—ing bulls—."

"I wish I was playing more minutes," Embiid said, a day before tip off at the Sixers' opening game in Washington, on ESPN Wednesday night. "I think I'm ready for more than, I don't know, whatever number they have. I don't know, I wish I was playing more, but we're going to see how it goes."

Embiid was on a restriction last season, in the mid 20s, and averaged an amazing 20.2 points, 7.8 rebounds and 2.5 blocks in just over 25 minutes per game. He did, however, famously relent over the restriction several times during the season, particularly after an overtime game last November against the Grizzlies and another later against the Pacers.

He only played in 31 games last year, and missed 164 games over two seasons (two entire campaigns) after recieving two foot surgeries after being drafted third overall in 2014. Last winter he went under the knife again for a minor knee procedure. He was limited in training camp until the team announced a monster

Joel Embiid will be on the floor for less than half the game to start 2017. GETTY IMAGES

$146.5 million extension, and then appeared in two preseason games.

Clearly the Sixers are nursing their most valuable players back to full strength. But they won't be getting their money's worth.

The situation-blind minutes restriction seems illogical. Why not give him a monthly, or even weekly total of minutes to be limited to? Brett Brown and the coaching staff should have some discretion over how much he plays and when. If the Sixers are being blown out, or are up big, let Embiid rest and bank up the minutes. And then allow them to roll-over into an important game.

Or on the other end, if he is needed in crunch time, or overtime, and plays a few extra minutes in a game, sit him out for a quarter, or a game following.

Having him sit on the bench for extended stretches of time does the Sixers' no favors either

"It's tough on the coaches," Embiid said. "I don't know how you do that, because I'm sure coach wants me to finish the game. But at the same time, that's me only playing four minutes a quarter, and just sitting there getting cold, and my body not being ready to go if I have to wait 8-10 minutes and then got to go finish the game, too. If you look at it, if I started the third quarter, I have to literally wait like 16 minutes before I go back in and finish the game."

The Sixers actually do want to win this year — and the Embiid extension paired with big contracts for J.J. Redick and others implies they are going to try to make a run at a playoff spot in a weak Eastern Conference.

Embiid is without a doubt the biggest question mark this season. His physical presence in the floor alone is enough to swing a game in Phily's favor.

Being cautious is fine. But blindly hurting the Sixers' chances by limiting his time on the floor from day to day, really is "f—ing bulls—."

5 Things to watch for as new Sixers' season tips off tonight

What are the biggest Sixers' storylines this season?

ANDY JASNER
@MetroPhilly
sports@metro.us

There is no shortage of star power on the Sixers' opening day roster. But will the on-paper potential translate into the next stage of The Process? GETTY IMAGES

The highly anticipated 2017-18 NBA season for the 76ers tips off in Washington tonight with the home opener coming two days later against the Boston Celtics.

Following a stretch of 75 total victories over the past four seasons, there has been a much higher level of excitement for coach Brett Brown's fifth season. There's finally a decent amount of talent up and down the roster.

Yet there are so many questions.

In a best-case scenario, the Sixers could reach the playoffs and give the fans a glimpse of a bright future.

In a worst-case scenario, injuries could ravage the franchise again with the Sixers winding up in the lottery again. The season starts Wednesday night and the energy is evident. That's a start.

Here are the top five storylines to follow as what looks to be a roller coaster season officially opens.

1 Center of attention

The Sixers likely won't advance to the postseason without an All-Star season from Joel Embiid. For that to happen, Embiid needs to be on the court. He simply can't play 31 games again. It has to be a minimum of 50 while 60 to 65 would be more encouraging. Controversy is already swirling.

After practice Monday, Brown was asked about Embiid's potential minutes in the beginning stretch of the season.

"I don't really know if there's a solid number," Brown told reporters. "If you were to choose a number, it would be somewhere like in the teens."

Embiid just returned to full court action and had a breakout performance in a preseason game against the Brooklyn Nets.

In the rigor of an NBA season, his conditioning must improve. Who knows about the long-term issues of offseason surgery? Will his repaired foot stay healthy? Will he avoid leaping into the crowd after a loose ball?

It's obvious how much Embiid means to the franchise when you see him in the lineup. Take him out for an extended time and it's going to be a struggle.

2 Ben is back

Ben Simmons missed all of last season after breaking a bone in his foot in last year's training camp.

Could Simmons have returned sooner? Possibly.

Simmons looks ready to play and he's even going to be handling the ball as the starting point guard at times. He has tremendous passing ability and also rebounds and runs the court quite well for a young player.

Shooting is a struggle and it's easy to see that he needs a ton of work to develop a consistent jumper. For now, the rookie will be gaining valuable experience, especially facing the likes of John Wall and Kyrie Irving in the first two games.

There will be a steep learning curve for Simmons, but at least he's healthy. The passionate fan base must remember that Simmons is a rookie. The immense talent is there and it's time to finally begin his NBA career.

3 Following Fultz

Markelle Fultz will start the season coming off the bench, which isn't necessarily a troubling sign.

Yes, Fultz will join a small list of No. 1 overall picks not starting along with Anthony Bennett and Andrea Bargnani since 2006.

Fultz has worked through some nagging injuries and he's still a teenager at 19 years old.

Why not come off the bench? It worked for Bobby Jones quite well back in the day.

Fultz's shot doesn't look right. He's going to be challenged defensively. And starting two rookies in the backcourt isn't ideal. Brown's plan is a good one to open the season. It doesn't mean Fultz will stay in his role in February or March.

Everyone needs to calm down a bit and understand how young the Sixers are this season.

4 Super Saric

As a rookie, Dario Saric proved his worth every night. Even with plantar fasciitis, he went out and worked as hard as he could to help the Sixers win.

Saric's passion and grit made him an immediate fan favorite. His shooting touch looks much better now and the one season of experience will certainly help.

Saric has a chance to be a real leader for this group.

The young players will benefit from watching Saric day in and day out. As the talent improves around him, Saric will become even more valuable.

5 J.J. for three ...

J.J. Redick earned a one-year, $23 million deal for one basic reason: he can shoot.

Redick made 43 percent of his 3-pointers last season (201 of 468) and the Sixers will desperately need that type of production.

Shooting has been an issue over the past four seasons and Redick will provide a major boost from beyond the arc. Having this type of veteran player is an added bonus.

There will be nights when the Sixers struggle to score and being able to rely on Redick will be huge.

DOORS UNLIMITED
FALL SALE!
UP TO 30% OFF
EXPIRES 10/31/17
• STEEL ENTRY DOORS • GARAGE DOORS
• SECURITY STORM DOORS • VINYL WINDOWS
• SOLID CORE STORM DOORS • AWNINGS & GLASS BLOCK
• ALUMINIUM STORM DOORS
Free in Home Estimate
ARMOR SEAL
Lifetime Limited Warranty
• Free Low-E
• Free Argon Gas
• Free Capping
• Free Measuring With Installation
• Past Sales Excluded
46 Years Experience
FACTORY DIRECT SHOWROOM
215-455-2100
318 W. Hunting, Park Avenue
(3rd & Hunting Park)
Philadelphia, PA
MEMBER EASTERN PENNSYLVANIA BUREAU
A+ RATING
PA 007676

COUPON
RADIATOR COVERS
COVER THAT UGLY RADIATOR...
FREE ESTIMATES, DELIVERY, INSTALLATION.
$10.00 OFF WITH THIS COUPON
EXPIRES 12-31-17
The Best in the Business Since 1945
BORNMANN MANUFACTURING CO. INC.
3731 Old York Rd., Phila. Pa 19140 • www.customradiatorcovers.com
215-228-5826

• GOOD CREDIT • BAD CREDIT • NO CREDIT • REPOS • DIVORCE • BANKRUPTCIES • CHARGE-OFF'S • GOOD CREDIT

YOUR JOB IS YOUR CREDIT AT...

FAIRLESS MOTORS

Se Habla Espanol!
$0 DOWN!*

In business for over 30 years.
We will NOT be undersold!

We Buy Clean, Used Cars

2003 HUMMER H2 LUXURY

$329/Month

2012 MERCEDES GLK350

$299/Month

2012 HONDA ACCORD EX-L

$229/Month

2012 ACURA TSX TECH

$240/Month

2016 DODGE CHARGER SXT

$299/Month

2007 LINCOLN NAVIGATOR LUXURY

$199/Month

2011 BMW X5 35i

$379/Month

2012 BMW 650XI CUPE

$399/Month

2013 FORD TAURUS SLE

$199/Month

2012 CADILLAC SRX4

$299/Month

2010 CADILLAC ESCALADE ESV

$399/Month

2012 CHEVY CAMARO

$199/Month

2007 LEXUS ES 350

$99/Month

2014 BUICK ENCORE

$249/Month

2016 HYUNDAI SANTA FE SPORT

$249/Month

2013 CHRYSLER 300 MOTOWN

$289/Month

2014 JEEP CHEROKEE LTD

$299/Month

2012 HYUNDAI VELOSTER

$179/Month

2012 NISSIAN ROGUE SL

$199/Month

2011 BUICK REGAL CXL

$159/Month

2010 TOYOTA RAV 4

$179/Month

2013 FORD MUSTANG

$249/Month

2011 MERCEDES ML350

$329/Month

2017 HYUNDAI SONATA SE

$199/Month

2013 JEEP WRANGLER SAHARA

$399/Month

ALL VEHICLES FAIRLESS MOTORS CERTIFIED

1-888-251-4312

Special incentives for SEPTA, hospital, military, and postal workers! Used Car Leasing Now Available.

PAYMENTS AS LOW AS $99.00 PER MONTH!*

$500 OFF WITH THIS AD! NO GIMMICKS!

435 LINCOLN HWY, FAIRLESS HILLS, PA

24 HOUR HOTLINE: 1-800-205-0068 • www.FairlessMotors.com

*$0 down and monthly payments of $99 on select vehicles. Monthly payments reflect 2.99% APR for 72 months with $2000 down. Tax, tags and fees extra.

• CHARGE-OFF'S • GOOD CREDIT • BAD CREDIT • NO CREDIT • REPOS • DIVORCE • BANKRUPTCIES •

What the heck is wrong with Fultz?

The Sixers' first overall pick will start the 2017-18 regular season on the bench.

JEFF MCMENAMIN
@Jeff_McMenamin
sports@metro.us

The regular season debut of No. 1 pick Markelle Fultz will start on Wednesday night for the Sixers against the Washington Wizards. The question is when he'll get in the game.

Nobody is quite sure what is wrong with Fultz at the moment after he had himself quite a dreadful preseason. In two games, Fultz averaged just 8.0 points, 2.0 rebounds and 2.5 assists while shooting seven of 24 (29%) from the field. Fultz wasn't able to play in three of the Sixers' five preseason games due to both a right shoulder injury and right knee soreness.

"I think his shoulder is affecting him more than he lets on," coach Brett Brown said. "You can tell with his free throw, you know, trying to get that ball up. It's the follow [through] from his body. But he's been working on just trying to get that thing rehabilitated."

Although injuries have definitely factored into Fultz's struggles, there may be a deeper issue at hand. Fultz used the offseason to try and tinker with his shot. It was evident in preseason that his form had changed, especially from the free throw line. While his form could be attributed to his shoulder injury, it's still alarming as one of the main reasons the Sixers drafted Fultz was due to his 41 percent shooting percentage from the three-point line in college last season at Washington.

"My advantage being so young, I can get bumps and bruises and recover quick. I can do this all day running around."

Markelle Fultz, on Sixers' media day about his health

In summer league, Fultz looked much more like himself where he averaged 16.0 points, 3.0 rebounds and 2.3 assists while shooting six of 16 (40%) from the outside.

"We have got to get him back on track," Brown said, regarding Fultz's shot. "His heart is in the right place. All by himself he pivoted out over the summer to try and make it better, and tweak it. The good news is he was in a place at one point, and it's not like it's a rebuild from ground zero. You just have got to rewind."

Fultz averaged 23.2 points, 5.7 rebounds and 5.9 assists as a freshman last season for the Huskies. His ability and talent is there and it's up to the coaching staff to help him discover his form again.

On a team with dozens of question marks, the state of Markelle Fultz's game is near the top. GETTY IMAGES

For much more Sixers and NBA coverage, visit **metro.us**

He'll be joining a list he doesn't want to be on Wednesday night as just the third healthy No. 1 overall pick not to start on opening night since 2006. Andrea Bargnani came off the bench for the Raptors in 2006 while Anthony Bennett did so for the Cavs in 2013.

Veteran Jerryd Bayless is expected to start in Fultz's place until further notice. In nine seasons, Bayless has career averages of 8.6 points, 2.1 rebounds and 2.9 assists per game.

TOP PRICES PAID
FOR YOUR RECORDS (33S, 45S), CDS
NO COLLECTION TOO SMALL OR LARGE
WE BUY EVERYTHING
CALL JON AT
215-805-8001
OR E-MAIL BWSMUSIC@HOTMAIL.COM

NOTICE
OF PUBLIC AUCTION OF UNITS IN LIEN
21st Century Storage
3503 North B Street,
Philadelphia, PA 19134
Phone - (215) 423-4000

Property contained in the following units located at 3503 B Street will be sold via online auction at STORAGETREASURES.COM on October 23, 2017 at 11:00 AM., to the highest bidder to satisfy the owners lien for rent under 73 p.s. 1901 et. seq. Auction is with reserve, 21st Century Storage reserves the right to set the minimum bids and refuse bids. Cash or credit card ONLY. Contents must be paid for 10/23 and removed within 48 hours.

Roland Graham C214
Luis Ortiz C240
Jasmine Wyeeka Moore D314
Abraham Sierra E409
Brandon Sheppard M109
Darnell Smith M231
Luis Rivera Q519
Eddie Olivares R601
Kariem Young R648
Cathy Garret-Davis S104
Anthony Marshall S159

Roofs 'R' Us CONTRACTING INC.
5810 Hegerman St., Philadelphia, PA 19135
All types of roofing
Rubber Roof Specialists
10-20 year warranty
Residential & Commercial
Licensed & Insured • Free Estimates
215-634-6666
www.philadelphiaroofsrus.com

RESPECTABLE ROOFING
Where Respect Matters!
Specializing in energy efficient white roofs.
50 Year shingle roofs available. • Fully licensed and insured
FREE ESTIMATES
$50 OFF ANY ROOF REPAIR Cannot be combined with any other offer. Expires November 30, 2017
$200 OFF ANY NEW ROOF Cannot be combined with any other offer. Expires November 30, 2017
WE NOW OFFER New Rubber Roofs Starting as low as *$68.00 PER MONTH
*Financing based on credit approval.
215-681-0409
HIC# PA098215

LOCAL HANDY MAN
From Punch List to Home Reno's
267-240-4422 • Call Jim for a free Estimate
LocalHandyManjim22@gmail.com
10% OFF FOR SENIORS

FREE Estimates
AFFORDABLE ROOFING
Licensed & Insured
All Types of Roofing
24 Hour Emergency Service
215-634-8800
PA License 0966666
Financing Available • Insurance Claims • www.StopLeaksFast.com

STORAGE KING USA
SELF STORAGE
NOTICE OF PUBLIC AUCTION
Notice is hereby given that Storage King USA will sell the contents of the storage units listed below at a public auction to satisfy a lien placed on the contents (pursuant to 73 PS). The sales will take place on 10/26/2017. The sale will be conducted on StorageStuff Bid, under the guidance of Christopher Ross (AU005867) on behalf on the "facilities" management. Units will be available for viewing prior to the sale on StorageStuff Bid. Contents will be sold for cash only to the highest bidder. A 10% buyer's premium will be charged and $100 (units larger than 150 sq ft will be more) cleaning deposit per unit. All sales are "final." Seller reserves the right to withdraw the property at any time before the sale or to refuse any bids. The property to be sold is described as "general household items" unless otherwise noted. Storage King USA at 3100 C St., Philadelphia PA 19134 will list storage units on the website www.StorageStuff.Bid at 11 a.m. on 10/20/17 or up to 7 days prior to this date.
Thomas Ham 1022, James Martin III 1058, Laz Sanchez 1061, Wanda Ellis-Beaver 1114, Francis Mawhinney 1120, Melvin Mcknight 1127, Airica Faulk 1131, Katie Martin 1160, Daniel Perry 1195, Bernthany Jackson 2014, Zaida Rodriguez 2039, Arzeneth Torres 2065, Craig Batts 2075, Michaela Hayes 2079, Samantha Ringwood 2108, Nafees J. Figueroa 2126, Michaela Hayes 2142, Richard Cruz-Garcia 3056, Rhonda Lancaster 3071, Roy Somers 3072, Annette Vazquez 3097, Jamie Housley 3240.

LOVE
Best Prices
Re-Elect
BEST BUY ROOFING
PUSH# 215-288-1100
#1 ROOFER IN PHILADELPHIA
215-288-1100
Email: BestBuyRoofing4u@yahoo.com • www.bestbuyroofing.net
$200 off Any New Roof $50 off any Repair
Protect Yourself
We (guarantee one price) start to finish on any re-roof.
Secure your Future

LEGAL SERVICES

To advertise, call Susan Peiffer at 215-717-2695 or email susan.peiffer@metro.us

CANCER
MEDICAL MALPRACTICE
DEFECTIVE PRODUCTS

Evaluations by Attorney named top 1% of attorneys nationwide, PA Super Lawyer, and Life-time member of Million Dollar Advocates Forum.

Millions of Dollars Recovered for Injured Clients

Emmanuel Law Firm, LLC
Two Penn Center, 1500 JFK Blvd.
No Recovery-No fee/Free Consultations
Home/Hospital Visits
215-567-0493
Call or email us today
www.emmanuellawfirm.com

SLIP AND FALLS
TRIP AND FALLS

Call For Any Fall Down Claims

FREE CONSULTATION
Office 215-496-1100
24/7 Emergency 215-480-3200
Saul Law Firm - 1313 Race St. Phila, PA 19107

INJURED AT WORK?
WE WILL FIGHT FOR YOU
- WORK INJURIES
- SOCIAL SECURITY DISABILITY

FREE CONSULTATION • SE HABLA ESPANOL
215-546-4208
ADAMS RENZI AR LAW
CALL CHRISTY ADAMS, ESQ • ADAMS RENZI LAW
CENTER CITY • 1429 Walnut St. NORTH PHILA. • 227 W. Lehigh Ave.

Medical Mistakes

Cerebral Palsy
Birth Injury
Amputations
Cancer Misdiagnosis
Surgery Mistakes
Hospital Death

Doctor-Lawyer on staff
Over $100 million recovered as co-counsel

Law Offices of Tai Y. Wong
www.tymdjd.com
215·592·9750
Free Initial Consultation. No Recovery-No Fee
1101 Market Street, Aramark Tower Suite 2820, Philadelphia, PA 19107

SLIP AND FALL
Our Law Firm handles all *FALL DOWN* Claims
Free Consultation 24/7
215-268-7800
1617 JFK Blvd., Suite 355 Philadelphia, PA 19103
SLIPANDFALLGUYS.COM

REAL ESTATE

Real Estate for Sale

House For Sale
$555.94 a month
3 Bedrooms, Excellent condition
Nick's Real Estate
(215) 425-3500

Real Estate Wanted

WE BUY UGLY HOUSES.®
HOMEVESTORS® AMERICA'S #1 HOME BUYER
1-800-301-3223

Rentals

UPPER DARBY! RENT SPECIALS! APARTMENTS AVAILABLE NOW!
Studios, 1 and 2 bedroom.
WE PAY YOUR HEAT!
Gas & water also included.
$600-$850
FULL SECURITY REQUIRED
PLEASE CALL: 610-734-2360

ITEMS WANTED

NEED CASH?
$ BUYING Diabetic Test Strips, Nicotine Patches/Gum PAYING up to $50/Box $
215-425-7897
DROP OFF 1802 EAST ALLEGHENY AVE (K&A)

SERVICES

CA$H PAID
FOR DIABETIC TEST STRIPS!
ABSOLUTE TOP VALUE
MOST BRANDS ACCEPTED
PAY UP TO $60 PER BOX
WE PICK UP
Call James 610-453-2525

CA$H TODAY!!
FOR DIABETIC TEST STRIPS!!
#1 IN CUSTOMER SERVICE • MOST BRANDS ACCEPTED
WE PAY YOU MORE!! UP TO $60 PER BOX!!
(MUST BE UNOPENED AND NON-EXPIRED TEST STRIPS)
WE PICK UP!
CALL (484) 447-1223
TO SCHEDULE A PICK UP TODAY!

DIVORCE $155*
NO FAULT UNCONTESTED
No Court Appearance Needed
DIVORCE GUIDES
5 Months = $155*
3 Months = $275*
6 Weeks = $355*
*Plus $95 Court Filing Fee
215-854-6340
Aaron I. Rappeport, Esq. • 1515 Market Street Suite 1200 Philadelphia Pa
www.DivorceGuides.net

$$$ CASH $$$
For Diabetic Test Strips
Limited Time Only Offer
$50-100ct - $25-50ct for Accu Chek Aviva Plus & Smartview for boxes with expiration date 2018/09 and higher
221 W. Girard Ave (drop off only) | Hours: M-F 8:30-3:30pm Sat:10-2pm
267-275-1717 | www.dollarsforstrips.com

$$$ CASH PAID $$$
BUYING NICOTINE PATCHES / GUM
And LOZENGES
We Pickup
215-395-7100

MITCHELL TEST STRIPS INC
We buy Diabetic Test Strips
We will pay up to $60 per box
We will pick up
GUARANTEED
CALL #215.820.4312

NO MONEY DOWN CABLE
Get an All-Digital, Satellite System for just $25/mo.
2 Year Price Guarantee available. New Callers get FREE NFL SUNDAY TICKET
No Money Down!
SO CALL NOW 877-255-0353

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

metro CLASSIFIEDS

To place an ad call 866-900-9473 or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

metro CLASSIFIEDS To place an ad call 866-900-9473 or visit us at www.metro.us

MEDICAL RESEARCH

To advertise, call Jennifer Lydon at 215-717-2694
or email jennifer.lydon@metro.us

FREE YOURSELF
FROM COCAINE
Contact us for a confidential screening for a research study of an investigational medication to help with your addiction.
215-746-3708
Perelman School of Medicine
University of Pennsylvania

CARS

Vehicles Wanted

WE BUY JUNK CARS!
Top dollar paid in CASH!
Free pickup!
Call: 609-851-2980
or 215-730-0900

$$$ UP TO $1100.00 $$$
For Cars w/Bad Engines
w/ or w/out title
500.00 CASH $$$
For Any Junk Cars or Trucks
215-669-1000

WE BUY CARS & TRUCKS
(any condition)
$100--$5000
CASH PAID
FREE TOWING
SAME DAY PICKUP
267-229-1970

MISCELLANEOUS

WANTED!
People to study
the Bible with
267-713-WORD
phillybiblestudy.org

metro CLASSIFIEDS To place an ad call 866-900-9473 or visit us at www.metro.us

metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

JOBS

General Help Wanted

TTC TOTAL TRANSPORTATION CORP.

SCHOOL BUS DRIVERS
AND BUS ATTENDANTS WANTED
• Immediate Openings
• Competitive Wages
• Benefits Package
• Benefit Rate and Non-Benefit Rate
• Training Available to New Drivers
• Classes Forming Now
• $500 SIGN-ON BONUS FOR DRIVERS WITH CURRENT CREDENTIALS
Please Apply in Person
Monday through Friday
9:00am to 3:00pm
3101 Orthodox Street,
Philadelphia, PA 19137
215-383-0470

ENTERTAINMENT

CAREER TRAINING

OIC PHILADELPHIA
Your future is calling at...
PHILADELPHIA
Opportunities Industrialization Center
OIC has **Tuition FREE** Hospitality Classes with Internship & Job Placement assistance available in the following fields:

Culinary Arts
16 weeks

Housekeeping
9 weeks

Front Office
9 weeks

START DATE: Monday, Nov. 6th • **APPLICATION DEADLINE:** Nov. 1st 2017
CLASS DAYS & TIME: Monday - Friday • 8:30am - 2:45pm
CONTACT: Mrs. Council-Grant, Recruiter • **215.236.7700 (ext. 325)**
LOCATION: 1231 N. Broad Street, 4th Floor, Philadelphia, PA 19122

REQUIREMENTS:
- Must bring your **High School Diploma/Transcript or GED**
- Must bring a **Valid State ID** (school ID not permitted)
- PA/DE & NJ Residents are welcome
- Must apply at OIC **Monday - Friday from 9am - 2pm**
- TABE Testing Administered on site
- Must be able to adhere to our professional dress code policy if accepted to participate, which consists of black dress slacks or skirt, white dress shirt/blouse, black or dark color tie and blazer, black non-slip shoes (uniform starts the day of orientation)
- Must provide OIC with **three written references** at orientation (non-family members)
- **NO APPOINTMENT NECESSARY (PLEASE DO NOT BRING CHILDREN)**

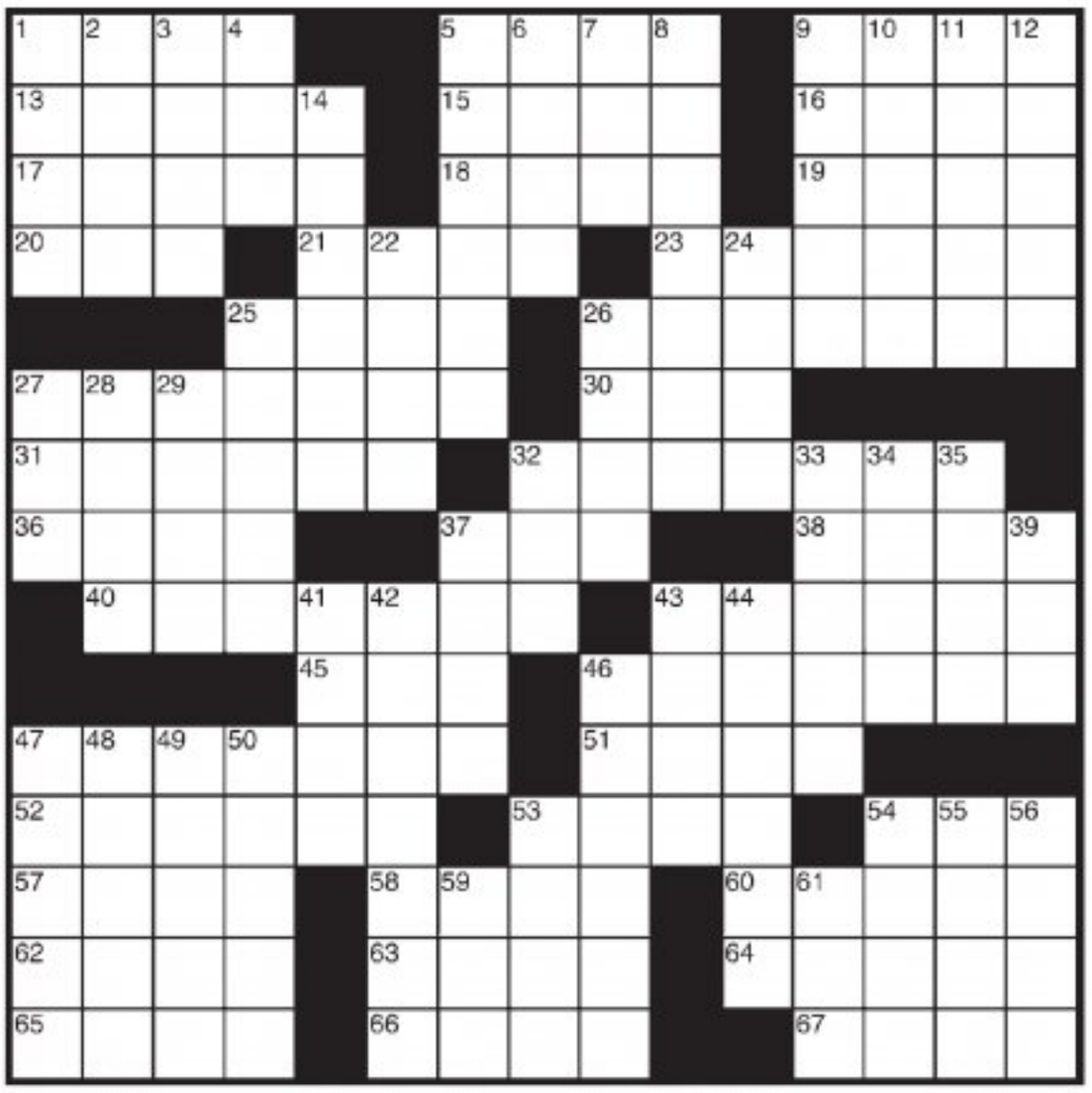
philaoic.org
OPENING OPPORTUNITIES FOR ALL

metro.us/games

metro.us/crossword

Across
1 Bluebird's residence
5 Sloping walk
9 Tobacco chew
13 Zipping through
15 Not sunnyside-up
16 A law -- itself
17 Persona non --
18 Margarita ingredient
19 -- Clayton Powell Jr.
20 I am, to Caesar
21 Lacking restraint
23 Spacecraft section
25 Squirrel away
26 Dairy cattle
27 Kept amused
30 Cutting tool
31 UFO crew
32 Sponges up
36 Winner's feeling
37 Billboards
38 WWW addresses
40 Surprise
43 Garage job
45 Gary's st.
46 Glues tight
47 Ethical behavior
51 Decorative trim
52 Iditarod locale
53 Filly's father
54 N.Y. Knicks venue
57 Fabric fuzz
58 Nefertiti's river
60 Draw forth
62 Actress -- Falco
63 Part of speech
64 Sturdy material
65 Mounts gemstones
66 Mongol dwelling
67 Kids

Down
1 Nitpicks
2 Pale brown
3 Where Anna taught
4 Explosive letters
5 Threw the dice
6 Eager, plus
7 Hebrew letter
8 Aspiring docs
9 University features
10 Not deserved
11 Where Pisa is
12 Cupolas
14 Round Table knight
22 Noted lithographer
24 Ricelike pasta
25 Winter precip
26 Punches
27 Navy lawyer TV show
28 Earthen jar
29 Tells a fib
32 Augment
33 Delhi currency
34 Fiber source
35 Gill opening
37 Warhol or Rooney
39 Almost grads
41 Cry from the sty
42 Weird
43 Caboose's place
44 Moderated
46 Customer
47 Wide shallow valleys
48 Abridge
49 "Oh, shut up!" (2 wds.)
50 -- Park, Colo.
53 Insult
54 "-- Lisa"
55 Veer out of control
56 Emeralds
59 Unlucky gambler's note
61 Fluffy's doc



metro.us/sudoku

easy

9		6	8				4	
2							6	5
		4	5			2		
	9	7					5	
1		3				4		8
	4					3	9	
		5			7	9		
3	7							2
	2				1	8		6

hard

	2							9
					4			
1	4	7	9					
		5		4	6	8	3	1
4		1				7		6
2	6	3	8	7		9		
					3	6	7	2
			6					
5							8	

metro.us/horoscopes

Aries Temptation will lead to you being influenced by someone you love or look up to. Refuse to be swayed by others. Make up your mind based on what's best for you.

Taurus Stay focused on your goal. A physical change may be necessary. Getting along with your peers will require patience and respect. Don't take on too much.

Gemini Don't get angry when you can get moving. It's up to you to do your research and follow through with your plans. Love is highlighted.

Cancer Partnerships must be handled carefully. Use your intelligence, experience and the facts to sort out any differences you face. Overreacting won't solve a problem.

Leo Don't let annoyances at home or when dealing with friends or family get to you. See what you can do to help improve your community and those in dire need.

Virgo Take an interest in personal finances and how to stretch your money further. A small change can help you cut your overhead. Do your best to avoid a minor injury.

Libra Look at your relationships honestly. Determine what makes you happy and favor the people who contribute to your success. Walk away from excessive people.

Scorpio Think about what's going on before setting your sights on something new. Have a strategy in place and stick to a budget to come out ahead.

Sagittarius Pay more attention to your appearance. Update your image to get a better response from people you want to do business with.

Capricorn Emotional matters will escalate when dealing with a sibling, friend or someone trying to take advantage of you. Don't let anger take control. Know when to walk away.

Aquarius Share your feelings and concerns. Don't make a financial change unless you are certain it will pay off. Taking on too much mentally will come at a costly toll.

Pisces Going along with the crowd isn't in your best interest. Take your position and stand by it, no matter what others decide to do. EUGENIA LAST

Yesterday's answers

M	I	D	G	E	■	O	V	E	R	T	■	G	A	S
G	R	E	E	N	■	P	A	S	T	E	■	O	R	O
T	A	L	L	A	H	A	S	S	E	E	■	A	I	L
■	■	■	■	M	E	L	E	E	■	T	U	L	S	A
B	U	T	L	E	R	S	■	■	T	E	N	S	E	R
U	N	B	O	L	T	■	B	E	A	R	S	■	■	■
E	T	O	N	■	Z	O	R	R	O	■	W	E	P	T
N	I	N	E	■	■	K	I	M	■	■	A	V	O	W
O	L	E	S	■	C	R	E	A	K	■	Y	A	L	E
■	■	■	O	S	C	A	R	■	N	E	E	D	L	E
P	L	U	M	E	S	■	■	R	E	D	D	E	S	T
L	A	T	E	R	■	P	R	I	E	D	■	■	■	■
A	N	T	■	U	N	R	E	A	L	I	S	T	I	C
I	C	E	■	M	E	A	N	T	■	E	P	O	C	H
D	E	R	■	S	A	M	O	A	■	D	A	N	K	E

Can't wait until tomorrow to check your answers? Visit **metro.us**

metro **As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries.** • **Metro Philadelphia** 30 S. 15th St., Philadelphia, PA 19102 • **main** 215-717-2600 • **to advertise** 215-717-2695 • **Press releases** pressrelease@metro.us • **Associate Publisher** Susan Pelffer • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** adsphilly@metro.us • **Chief Revenue Officer** Ed Abrams, Ed.Abrams@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Editor in Chief** Aleksander Korab, aleksander.korab@metro.us • **Managing Editor** Morgan Rousseau, morgan@metro.us • **Site Director** Linnea Zielinski, linnea.zielinski@metro.us • **Night Editor** Jason Nuckolls, jason.nuckolls@metro.us • **Art Director** Billy Becerra, Billy.Becerra@metro.us • **Sports Editor** Matt Burke, matthew.burke@metro.us • **Features Editor** Joshua Crouthamel, Joshua.Crouthamel@metro.us • **Entertainment/TV Editor** Matthew Juul, matthew.juul@metro.us • **Going Out Editor** Eva Kis, eva.kis@metro.us • **Head of Production** Matt Prowell, matt.prowell@metro.us

Certified Audit CAC of Circulations

Are you struggling with
COCAINE ADDICTION?

Hassman Research Institute needs volunteers for a study of a cocaine addiction medication. You may qualify if you:

- are 18 to 65 years of age • use cocaine at least once a month
- would like to stop using cocaine

Eligible participants will receive study-related care, monitoring and medication. Compensation for time and travel may be available. This study is funded by the National Institute on Drug Abuse (NIDA).

Call **Hassman Research Institute 1.866.230.4185** confidentially today to learn more about this study!

1.866.230.4185 **HRITrials.com**

DEPRESSED?

Are you treating your depression with medication?
Are you still feeling depressed?

If so, please call Hassman Research Institute about participating in our research study of an investigational drug for adults with treatment-resistant depression.

Qualified participants must: • Be 18 or older • Be taking prescribed antidepressant medication • Be currently experiencing a depressive episode

Insurance is not required to participate in our study, and all study-related care and study medications are provided at no charge. Transportation and compensation up to $7,500 for time and travel may be available.

For more information, call toll-free 866-264-4545 or visit HRITrials.com

Do you or a loved one have schizophrenia?

If so, please contact CCR Trials today about inpatient and outpatient medical research studies

Qualified participants must:

- Be at least 18 years of age
- Currently experience symptoms of Schizophrenia

Qualified participants receive:

- All study related evaluations and study medication at no cost
- Total compensation ranging from $1,000 to $6,000 for time and travel

For more information, call 866-410-3838 • HRITrials.com